

[First](#) [Previous](#) [Next](#) [Last](#)

New Years Day 10k 2009

New Years Day 10k 2009

Thursday 1 January 2009. 11:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
1	0:32:28	HOPKINS, Craig	swansea ac	Senior Men	03:14.8	385	1
2	0:32:38	ALLEN, Luke	City of Norwich Athletic Club	Senior Men	03:15.8	350	2
3	0:32:39	LEWIS, Adam	City of Norwich Athletic Club	Senior Men	03:15.9	398	3
4	0:33:03	BUNN, Andrew	Norwich Road Runners	Senior Men	03:18.3	8	4
5	0:33:04	O'NEIL, James	City of Norwich Athletic Club	Senior Men	03:18.4	129	5
6	0:34:01	MILLETT, Simon	Norwich Road Runners	Senior Men	03:24.1	361	6
7	0:36:13	STAINES, Toby	Royston Runners	Senior Men	03:37.3	177	7
8	0:36:24	FERNANDO, Silva		Vet Men 50-54	03:38.4	159	8
9	0:36:34	ROBERTSON, Mark	Fairlands Valley Spartans	Senior Men	03:39.4	407	9
10	0:36:49	GIBBS, Steve	Norwich Road Runners	Senior Men	03:40.9	349	10
11	0:37:05	CHAPPELL, Wayne		Senior Men	03:42.5	64	11
12	0:37:07	HOUGHTON, Andrew		Vet Men 50-54	03:42.7	104	12
13	0:37:09	COOK, Matthew	London Heathside	Senior Men	03:42.9	195	13
14	0:37:15	REASON, Robert		Senior Men	03:43.5	181	14
15	0:37:20	AUGER, Stephen		Senior Men	03:44.0	203	15
16	0:37:38	HEATH, James	St Edmunds Pacers	Vet Men 45-49	03:45.8	417	16
17	0:37:42	WHITE, Richard	Wymondham Athletic Club	Vet Men 45-49	03:46.2	255	17
18	0:37:44	HOOGKAMER, Rini	City of Norwich Athletic Club	Vet Men 45-49	03:46.4	254	18
19	0:37:47	LARK, Shaun	Lowestoft Road Runners	Senior Men	03:46.7	97	19
20	0:38:09	SULLIVAN, Paul	Norwich Road Runners	Vet Men 40 -44	03:48.9	197	20
21	0:38:10	BRIGHTY, Josh	Norwich Road Runners	Senior Men	03:49.0	133	21
22	0:38:20	TAYLOR, Phillipa	Stamford Striders	Vet Ladies 40-44	03:50.0	173	22
23	0:38:35	TUTTLE, PETER	City of Norwich Athletic Club	Vet Men 40 -44	03:51.5	414	23
24	0:38:35	LEVY, Simon	Ryston Runners	Senior Men	03:51.5	101	24
25	0:38:41	YOUNGS, Kevin	Norfolk Gazelles	Vet Men 55-59	03:52.1	418	25
26	0:38:44	IVE, Martin	Ryston Runners	Vet Men 40 -44	03:52.4	148	26
27	0:38:47	BETTS, Mark	Norwich Road Runners	Senior Men	03:52.7	249	27
28	0:38:59	BLAKE, Richard	Great Yarmouth Road Runners	Vet Men 55-59	03:53.9	333	28

29	0:39:04	PETERS, Louise	stopsley striders	Senior Ladies	03:54.4	383	29
30	0:39:26	ELRIDGE, Darren	Coltishall Jaguars	Vet Men 40 -44	03:56.6	413	30
31	0:39:30	BROWN, Quenton	North Norfolk Beach Runners	Senior Men	03:57.0	291	31
32	0:39:31	CLUES, Mark	Tri Anglia	Vet Men 45-49	03:57.1	228	32
33	0:39:35	HAMILTON, Alexander		Senior Men	03:57.5	303	33
34	0:39:40	PARFITT, Dena	North Norfolk Beach Runners	Vet Ladies 45-49	03:58.0	145	34
35	0:39:40	JOHNSON, Pete	Norfolk Gazelles	Vet Men 50-54	03:58.0	315	35
36	0:39:42	TANDY, David	Norwich Road Runners	Senior Men	03:58.2	302	36
37	0:39:43	MCQUILLIN, Ben	Reepham Runners	Senior Men	03:58.3	136	37
38	0:39:45	LEATHWOOD, Racheal	Norwich Road Runners	Senior Ladies	03:58.5	348	38
39	0:39:50	SMITH, Darren	Ryston Runners	Senior Men	03:59.0	316	39
40	0:40:16	MACROSSON, Ker	Stowmarket Striders	Vet Men 50-54	04:01.6	389	40
41	0:40:21	SCOTT, Leslie	Ryston Runners	Vet Men 50-54	04:02.1	314	41
42	0:40:22	NEAL, Nikki	Belgrave harriers	Senior Ladies	04:02.2	75	42
43	0:40:36	HAINES, Kieron	Norwich Road Runners	Vet Men 50-54	04:03.6	260	43
44	0:40:39	MARSHALL, Alex	huntingdon athletic club	Senior Ladies	04:03.9	109	44
45	0:40:45	GARRETT, Mark	Norwich Road Runners	Vet Men 45-49	04:04.5	208	45
46	0:40:46	COUSINS, Rebecca	Fenland Runners	Senior Ladies	04:04.6	259	46
47	0:40:47	SMITH, Richard		Vet Men 40 -44	04:04.7	406	47
48	0:40:53	THOMPSON, Peter	Norfolk Gazelles	Vet Men 50-54	04:05.3	71	48
49	0:41:02	JERMY, Sean	Great Yarmouth and District	Senior Men	04:06.2	199	49
50	0:41:06	MALCOLM, Daniel		Senior Men	04:06.6	337	50
51	0:41:10	LARHAM, Andrew	march athletic club	Vet Men 50-54	04:07.0	396	51
52	0:41:12	HARDINGHAM, Kevin	Norfolk Gazelles	Vet Men 50-54	04:07.2	377	52
53	0:41:13	AUGER, Martin		Vet Men 50-54	04:07.3	204	53
54	0:41:32	COOK, Timothy		Senior Men	04:09.2	226	54
55	0:41:33	ALBANIE, Samuel	Shelfanger spartans	Senior Men	04:09.3	325	55
56	0:41:41	FRARY, Matthew	Norwich Road Runners	Senior Men	04:10.1	192	56
57	0:41:49	BROOKSHAW, Paul	Great Yarmouth Road Runners	Vet Men 45-49	04:10.9	263	57

HAPPY NEW YEAR TO ALL ENTRANTS

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Wymondham AC. Printed by Wymondham AC on 1 January 2009

Page 1 of 6

680

[First](#) [Previous](#) [Next](#) [Last](#)

New Years Day 10k 2009, New Years Day 10k 2009 - Thursday 1 January 2009. 11:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
58	0:41:54	HAYES, Jim	North Norfolk Beach Runners	Vet Men 60 +	04:11.4	108	58
59	0:41:55	HILL, Melvin	Norwich Road Runners	Vet Men 45-49	04:11.5	164	59
60	0:42:27	EMMETT, Lynn	City of Norwich Athletic Club	Vet Ladies 40-44	04:14.7	353	60
61	0:42:30	PARTRIDGE, Lucy	Abbey Runners	Senior Ladies	04:15.0	42	61
62	0:42:31	PLATER, Sam		Senior Men	04:15.1	365	62
63	0:42:32	NIBLETT, Stephen		Vet Men 40 -44	04:15.2	180	63
64	0:42:34	BOWDEN, Nick	Reepham Runners	Vet Men 50-54	04:15.4	364	64
65	0:42:40	BROOM, Steve		Vet Men 40 -44	04:16.0	371	65
66	0:42:45	BULLEN, Nigel	Norfolk Gazelles	Vet Men 55-59	04:16.5	321	66
67	0:42:46	ELLIS, Vince	City of Norwich Athletic Club	Vet Men 50-54	04:16.6	360	67
68	0:42:52	BRINKMAN, Nicky	St Edmunds Pacers	Senior Ladies	04:17.2	411	68
69	0:42:54	RUSHWORTH, Stuart		Senior Men	04:17.4	373	69
70	0:42:55	PLACKETT, Steve	Reepham Runners	Vet Men 45-49	04:17.5	393	70
71	0:43:02	HAZELL, Jeremy		Vet Men 45-49	04:18.2	225	71
72	0:43:03	DADY, Stephen		Vet Men 55-59	04:18.3	217	72
73	0:43:11	YEOMANS, Martin	Norwich Road Runners	Vet Men 55-59	04:19.1	363	73
74	0:43:16	BIRD, Steve	City of Norwich Athletic Club	Vet Men 40 -44	04:19.6	124	74
75	0:43:22	BUSSEY, Peter	Norwich Road Runners	Vet Men 45-49	04:20.2	366	75
76	0:43:26	NELSON, GLEN	Tri Anglia	Vet Men 55-59	04:20.6	257	76
77	0:43:29	KNIGHTS, Neville	Dereham Runners Athletic Club	Vet Men 45-49	04:20.9	152	77
78	0:43:31	CHORLEY, Chris	bungay black dog athletic club	Vet Men 45-49	04:21.1	69	78
79	0:43:37	TAYLER, Mark	Norwich Road Runners	Vet Men 55-59	04:21.7	421	79
80	0:43:39	TAYLOR, Martyn		Vet Men 40 -44	04:21.9	172	80

81	0:43:46	QUINN, Gregory	Reepham Runners	Vet Men 45-49	04:22.6	424	81
82	0:43:48	EDWARDS, Penny	Norwich Road Runners	Vet Ladies 50-54	04:22.8	374	82
83	0:43:55	CLARKE, Martyn		Vet Men 45-49	04:23.5	175	83
84	0:43:56	HOWES, Rob	Wymondham Athletic Club	Senior Men	04:23.6	358	84
85	0:43:57	SMITH, Simon		Senior Men	04:23.7	77	85
86	0:44:00	JEYES, Andrew	Ivanhoe Runners	Vet Men 60 +	04:24.0	435	86
87	0:44:00	BAINGER, Graham	Norwich Road Runners	Vet Men 55-59	04:24.0	343	87
88	0:44:10	MANNING, Carl	Ryston Runners	Vet Men 45-49	04:25.0	151	88
89	0:44:11	PIPER, Richard		Vet Men 40 -44	04:25.1	198	89
90	0:44:20	KIRTON, Dean	Thetford Athletic Club	Vet Men 40 -44	04:26.0	171	90
91	0:44:25	BATCHELOR, Neil	Norfolk Gazelles	Senior Men	04:26.5	163	91
92	0:44:26	PASK, Matthew	Norwich Road Runners	Vet Men 40 -44	04:26.6	269	92
93	0:44:29	BRIGHTY, Keith	Norwich Road Runners	Vet Men 45-49	04:26.9	134	93
94	0:44:38	SLOWTHER, Denver		Senior Men	04:27.8	346	94
95	0:44:42	IRVINE, Andy	Cambridge and Coleridge	Vet Men 40 -44	04:28.2	402	95
96	0:44:46	BRAGGER, Timothy		Senior Men	04:28.6	399	96
97	0:44:50	POTTER-CAMPBELL, Emma	Dereham Runners Athletic Club	Senior Ladies	04:29.0	320	97
98	0:44:58	DURHAM, Peter		Vet Men 40 -44	04:29.8	17	98
99	0:45:00	NAVRADY, Jeremy	Ryston Runners	Vet Men 40 -44	04:30.0	273	99
100	0:45:08	THOULESS, Gavin	Norwich Road Runners	Vet Men 40 -44	04:30.8	107	100
101	0:45:11	SWIFT, Anne		Vet Ladies 40-44	04:31.1	28	101
102	0:45:12	BYE, Barry	Ryston Runners	Vet Men 60 +	04:31.2	74	102
103	0:45:20	ROBINSON, Paul	Reepham Runners	Vet Men 40 -44	04:32.0	182	103
104	0:45:28	BURROWS, Mark	Norwich Road Runners	Vet Men 40 -44	04:32.8	73	104
105	0:45:29	MARSHALL, Raymond		Vet Men 45-49	04:32.9	91	105
106	0:45:33	HAZELL, Domanic		Senior Men	04:33.3	224	106
107	0:45:38	KING, Michael	Coltishall Jaguars	Vet Men 55-59	04:33.8	111	107
108	0:45:42	HARDCASTLE, Stuart	Quakers Running Club	Vet Men 50-54	04:34.2	423	108
109	0:45:43	LARHAM, Jill	march athletic club	Vet Ladies 45-49	04:34.3	395	109
110	0:45:45	MONEY, Tony		Senior Men	04:34.5	126	110

111	0:45:45	BURTON, Howard	Coltishall Jaguars	Vet Men 40 -44	04:34.5	119	111
112	0:45:47	SPARKES, Tom		Senior Men	04:34.7	153	112
113	0:45:50	WOODYATT, Paul	City of Norwich Athletic Club	Vet Men 45-49	04:35.0	156	113
114	0:45:50	MANLY, Elies	Norwich Road Runners	Senior Ladies	04:35.0	412	114
115	0:45:51	GRAND, Adie	Norwich Road Runners	Vet Men 40 -44	04:35.1	167	115
116	0:45:54	ROBINSON, Stephen	Norfolk Gazelles	Vet Men 40 -44	04:35.4	248	116
117	0:45:55	PRESLAND, Steve		Vet Men 50-54	04:35.5	286	117
118	0:45:56	MILLETT, Anne	Norwich Road Runners	Vet Ladies 50-54	04:35.6	326	118

HAPPY NEW YEAR TO ALL ENTRANTS

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results produced by Wymondham AC. Printed by Wymondham AC on 1 January 2009

Page 2 of 6

[First](#) [Previous](#) [Next](#) [Last](#)

New Years Day 10k 2009, New Years Day 10k 2009 - Thursday 1 January 2009. 11:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
119	0:45:57	WRIGHT, Catherine	Corby AC	Vet Ladies 50-54	04:35.7	31	119
120	0:45:58	WRIGHT, Alex	Corby AC	Vet Men 40 -44	04:35.8	30	120
121	0:45:59	COTTON, John		Vet Men 45-49	04:35.9	250	121
122	0:45:59	HAMILTON, Ross		Senior Men	04:35.9	301	122
123	0:46:00	PUNT, David	bungay black dog athletic club	Vet Men 50-54	04:36.0	272	123
124	0:46:17	ELLIS, Stewart		Senior Men	04:37.7	210	124
125	0:46:22	WOODS, Tim		Vet Men 45-49	04:38.2	237	125
126	0:46:23	HAMILTON, Oliver		Senior Men	04:38.3	304	126
127	0:46:25	ELFLETT, Mark	Lowestoft Road Runners	Vet Men 45-49	04:38.5	251	127
128	0:46:26	JARVIS, Ian	North Norfolk Beach Runners	Vet Men 40 -44	04:38.6	196	128
129	0:46:29	KEEVIL, Raymond	Brandon Fern Hoppers	Vet Men 60 +	04:38.9	256	129
130	0:46:38	HULME, Michael		Senior Men	04:39.8	341	130
131	0:46:38	MILNES, Christopher	Ryston Runners	Vet Men 50-54	04:39.8	331	131
132	0:46:40	HUGILL, Shane	Holme Pierrepont RC	Senior Men	04:40.0	409	132
133	0:46:40	ARMES, Michael	Norwich Road Runners	Vet Men 40 -44	04:40.0	216	133
134	0:46:43	WRIGHT, Carl		Vet Men 45-49	04:40.3	234	134
135	0:46:46	DYE, Richard	bungay black dog athletic club	Vet Men 45-49	04:40.6	267	135
136	0:47:03	GILBERT, James		Senior Men	04:42.3	294	136
137	0:47:07	NORRISH, Dom		Senior Men	04:42.7	354	137
138	0:47:09	COOPER, Bryan		Vet Men 55-59	04:42.9	63	138
139	0:47:09	CAMPBELL, Rory	Dereham Runners Athletic Club	Vet Men 45-49	04:42.9	319	139
140	0:47:10	HEWITT, Danny	halstead runners	Vet Men 40 -44	04:43.0	212	140
141	0:47:14	PILGRIM, Dean	halstead runners	Vet Men 40 -44	04:43.4	211	141

142	0:47:18	GILHAM, Richard	Norfolk Gazelles	Vet Men 45-49	04:43.8	266	142
143	0:47:20	HAMMOND, Andrew		Vet Men 50-54	04:44.0	380	143
144	0:47:24	NAUGHTON, Chanelle		Senior Ladies	04:44.4	416	144
145	0:47:25	PARKINS, Mike	Eastern Veterans	Vet Men 60 +	04:44.5	306	145
146	0:47:25	LAMBERT, John	Ipswich Jaffa	Vet Men 60 +	04:44.5	242	146
147	0:47:26	HAYWARD, Geoff	North Norfolk Beach Runners	Vet Men 60 +	04:44.6	379	147
148	0:47:27	BIRD, David	Reading Road Runners	Vet Men 50-54	04:44.7	189	148
149	0:47:28	BRADLEY, Sarah	Norwich Road Runners	Vet Ladies 45-49	04:44.8	375	149
150	0:47:33	EGERTON, David		Vet Men 40 -44	04:45.3	270	150
151	0:47:37	SNELLING, Susan		Senior Ladies	04:45.7	359	151
152	0:47:39	HOUSE, Kevin		Senior Men	04:45.9	221	152
153	0:47:41	CREEDY, Chris		Senior Men	04:46.1	178	153
154	0:47:42	YOUNGE, Phil		Vet Men 40 -44	04:46.2	113	154
155	0:47:47	GILBERT, David	Tri Anglia	Vet Men 60 +	04:46.7	334	155
156	0:47:48	MAXWELL, Andrew		Senior Men	04:46.8	137	156
157	0:47:53	GILHAM, Nigel	bungay black dog athletic club	Vet Men 55-59	04:47.3	324	157
158	0:47:54	HIGH, Richard	Norwich Road Runners	Senior Men	04:47.4	246	158
159	0:47:55	COLLIER, Hugh		Senior Men	04:47.5	36	159
160	0:47:58	HIULSE, Anne	Norwich Road Runners	Vet Ladies 45-49	04:47.8	72	160
161	0:47:58	FRANKS, Michael		Vet Men 50-54	04:47.8	201	161
162	0:48:09	ROPER, Martin		Vet Men 50-54	04:48.9	347	162
163	0:48:11	PITCHER, Guy	Reepham Runners	Vet Men 40 -44	04:49.1	245	163
164	0:48:18	HANNANT, Emily	Coltishall Jaguars	Senior Ladies	04:49.8	240	164
165	0:48:22	MCDONNELL, Mike		Vet Men 55-59	04:50.2	14	165
166	0:48:26	WARNER, Tim		Vet Men 60 +	04:50.6	207	166
167	0:48:28	MELLOR, Paul		Senior Men	04:50.8	278	167
168	0:48:29	VINCE, Peter		Vet Men 45-49	04:50.9	410	168
169	0:48:40	GRANGE, Nick		Senior Men	04:52.0	381	169
170	0:48:45	NORMAN, Pauline	Lowestoft Road Runners	Vet Ladies 55-59	04:52.5	332	170
171	0:48:48	ASHCROFT, Damian		Vet Men 40 -44	04:52.8	202	171

172	0:48:54	GROOM, Jonathan		Senior Men	04:53.4	13	172
173	0:48:58	OUGHTON, Simon	Royston Runners	Vet Men 40 -44	04:53.8	276	173
174	0:48:59	ALBOROUGH, Maria		Senior Ladies	04:53.9	70	174
175	0:49:06	HEATH, Tony	North Norfolk Beach Runners	Vet Men 55-59	04:54.6	168	175
176	0:49:08	WEBSDALE, Steve	Norwich Road Runners	Vet Men 45-49	04:54.8	40	176
177	0:49:09	RICHES, Nick		Vet Men 45-49	04:54.9	3	177
178	0:49:12	INGRAM, Stewart	Norwich Road Runners	Vet Men 55-59	04:55.2	231	178
179	0:49:14	CHATTEN, Kim		Vet Ladies 45-49	04:55.4	102	179

HAPPY NEW YEAR TO ALL ENTRANTS

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results produced by Wymondham AC. Printed by Wymondham AC on 1 January 2009

Page 3 of 6

=16

[First](#) [Previous](#) [Next](#) [Last](#)

New Years Day 10k 2009, New Years Day 10k 2009 - Thursday 1 January 2009. 11:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
180	0:49:18	CRASKE, Adam		Senior Men	04:55.8	127	180
181	0:49:20	MALLETT, Amanda	Ipswich Triathlon Club	Vet Ladies 40-44	04:56.0	230	181
182	0:49:24	MANLY, Veronica	Diss & district Athletic Club	Vet Ladies 60 +	04:56.4	372	182
183	0:49:41	COYTE MCKENZIE, Andrew		Vet Men 45-49	04:58.1	186	183
184	0:49:41	DOGGETT, Christopher	Wymondham Athletic Club	Vet Men 45-49	04:58.1	484	184
185	0:49:42	KINCH, Brenda	North Norfolk Beach Runners	Vet Ladies 60 +	04:58.2	288	185
186	0:49:44	BETTS, Carol	Norfolk Gazelles	Vet Ladies 50-54	04:58.4	128	186
187	0:49:44	ROACH, Peter	Norwich Road Runners	Vet Men 60 +	04:58.4	386	187
188	0:49:47	SHEPPARD, Silke		Vet Ladies 45-49	04:58.7	25	188
189	0:49:48	WOODHOUSE, Gill	Dereham Runners Athletic Club	Vet Ladies 60 +	04:58.8	90	189
190	0:49:52	COPELAND, Jill	Norwich Road Runners	Vet Ladies 45-49	04:59.2	206	190
191	0:49:55	MALCOLM, Paul		Vet Men 45-49	04:59.5	338	191
192	0:49:57	BELL, Alan		Vet Men 40 -44	04:59.7	404	192
193	0:49:57	MCCORMICK, Claire		Vet Ladies 40-44	04:59.7	179	193
194	0:49:58	MAXWELL, Anthony		Vet Men 50-54	04:59.8	135	194
195	0:49:58	BLACK, Jason	Norfolk Gazelles	Senior Men	04:59.8	233	195
196	0:49:59	WRIGHT, Paul		Vet Men 50-54	04:59.9	29	196
197	0:50:08	NEAL, Graeme	Belgrave harriers	Vet Men 40 -44	05:00.8	76	197
198	0:50:10	LEE, Quang	Brandon Fern Hoppers	Senior Men	05:01.0	169	198
199	0:50:11	LOVE, Steve		Vet Men 45-49	05:01.1	397	199
200	0:50:15	FEE, Brenda	Shaftesbury Barnet	Vet Ladies 60 +	05:01.5	253	200
201	0:50:18	FISH, Colin		Vet Men 45-49	05:01.8	351	201
202	0:50:42	WEST, Juliet		Senior Ladies	05:04.2	193	202

203	0:50:42	BARTRUM, Laurence		Senior Men	05:04.2	158	203
204	0:50:45	SAUERZAPF, Bobbie	bungay black dog athletic club	Vet Ladies 50-54	05:04.5	68	204
205	0:50:45	WILLIAMS, Barry		Senior Men	05:04.5	11	205
206	0:50:54	HOWES, Neil		Senior Men	05:05.4	292	206
207	0:50:55	SAINES, Rob	North Norfolk Beach Runners	Vet Men 60 +	05:05.5	139	207
208	0:50:56	WHEELER, Grant		Vet Men 40 -44	05:05.6	382	208
209	0:50:57	HOUSE, Marie		Senior Ladies	05:05.7	422	209
210	0:51:01	O'CONNOR, Michael	North Norfolk Beach Runners	Vet Men 55-59	05:06.1	110	210
211	0:51:07	MORLEY, Stephen	Brandon Fern Hoppers	Vet Men 55-59	05:06.7	89	211
212	0:51:07	HANDOLL, Gina		Vet Ladies 45-49	05:06.7	112	212
213	0:51:10	MARTIN, Alistair		Vet Men 50-54	05:07.0	120	213
214	0:51:15	CHAPMAN, Nik	Army	Vet Men 45-49	05:07.5	9	214
215	0:51:18	WILKINSON, Scott		Senior Men	05:07.8	149	215
216	0:51:24	TAYLER, Caroline	Norwich Road Runners	Vet Ladies 50-54	05:08.4	420	216
217	0:51:27	CLARK, Peter		Vet Men 40 -44	05:08.7	50	217
218	0:51:27	GILBERT, David	Waveney Valley Athletic Club	Vet Men 45-49	05:08.7	296	218
219	0:51:30	NAPTHEN, Richard		Vet Men 45-49	05:09.0	4	219
220	0:51:31	PEARSON, Andrew		Vet Men 45-49	05:09.1	43	220
221	0:51:34	ANDERSON, Tony	Great Yarmouth Road Runners	Senior Men	05:09.4	323	221
222	0:51:36	FIDDY, Rachel	Norwich Road Runners	Senior Ladies	05:09.6	27	222
223	0:51:45	COLLIER, Lois		Senior Ladies	05:10.5	37	223
224	0:51:45	EDEVANE, Jonathan		Senior Men	05:10.5	33	224
225	0:52:02	EDEVANE, Lucy		Vet Ladies 40-44	05:12.2	32	225
226	0:52:04	MCENIERY, Carmel	Cambridge and Coleridge	Senior Ladies	05:12.4	403	226
227	0:52:10	ABBS, Darren		Senior Men	05:13.0	194	227
228	0:52:18	MCKAY, Laura		Vet Ladies 40-44	05:13.8	174	228
229	0:52:18	SANDERS, Kevin	Ivanhoe Runners	Vet Men 50-54	05:13.8	280	229
230	0:52:24	WEBSTER-SANDERS, Judith	Ivanhoe Runners	Vet Ladies 50-54	05:14.4	281	230
231	0:52:34	BOGGAN, Ian		Vet Men 45-49	05:15.4	103	231
232	0:52:36	MOORE, Cliff		Vet Men 60 +	05:15.6	154	232

233	0:52:42	SPONG, Carole	Great Yarmouth Road Runners	Vet Ladies 60 +	05:16.2	289	233
234	0:52:48	PALGRAVE, Darren		Senior Men	05:16.8	122	234
235	0:52:52	EL SAWY, Magdy		Vet Men 55-59	05:17.2	227	235
236	0:53:14	CHENERY, Will		Senior Men	05:19.4	274	236
237	0:53:15	SHERMAN, Scott	Stowmarket Striders	Senior Men	05:19.5	214	237
238	0:53:21	LADDIMAN, Hazel	Norfolk Gazelles	Vet Ladies 50-54	05:20.1	298	238
239	0:53:25	STEAVENSON, Laura		Senior Ladies	05:20.5	441	239
240	0:53:27	COLMAN, Ivan	Norwich Road Runners	Vet Men 45-49	05:20.7	362	240

HAPPY NEW YEAR TO ALL ENTRANTS

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results produced by Wymondham AC. Printed by Wymondham AC on 1 January 2009

Page 4 of 6

6 >

[First](#) [Previous](#) [Next](#) [Last](#)

New Years Day 10k 2009, New Years Day 10k 2009 - Thursday 1 January 2009. 11:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
241	0:53:28	EVANS, Carl		Vet Men 45-49	05:20.8	24	241
242	0:53:31	GEORGE, Andrew		Vet Men 50-54	05:21.1	330	242
243	0:53:31	NEALE, Janet	Coltishall Jaguars	Vet Ladies 45-49	05:21.1	150	243
244	0:53:37	BURRAGE, Andrew	Norfolk Gazelles	Vet Men 50-54	05:21.7	369	244
245	0:53:42	CAMPBELL, Day		Vet Ladies 55-59	05:22.2	23	245
246	0:53:44	HOCKLEY, Aimee	Ely Runners	Senior Ladies	05:22.4	352	246
247	0:53:49	DAYKIN, Robert		Vet Men 60 +	05:22.9	370	247
248	0:53:50	BULTZ, Peter		Vet Men 45-49	05:23.0	176	248
249	0:53:51	MELVILLE, Hamish		Vet Men 45-49	05:23.1	132	249
250	0:53:54	MILLARD, Ray	Get set to go fitness	Vet Men 60 +	05:23.4	239	250
251	0:53:57	HOLLAND, Sarah		Vet Men 40 -44	05:23.7	356	251
252	0:54:09	HILL, Crispin		Senior Men	05:24.9	41	252
253	0:54:25	O'LEARY, Ann	Great Yarmouth Road Runners	Vet Ladies 55-59	05:26.5	285	253
254	0:54:28	WARREN, Peter	City of Norwich Athletic Club	Vet Men 50-54	05:26.8	38	254
255	0:54:32	GALLOWAY, Louise		Senior Ladies	05:27.2	271	255
256	0:54:48	ROBINSON, Jane		Vet Ladies 45-49	05:28.8	146	256
257	0:54:51	BATCHELOR, Audrey	Norfolk Gazelles	Vet Ladies 55-59	05:29.1	130	257
258	0:54:54	GILBERT, Sarah	Waveney Valley Athletic Club	Senior Ladies	05:29.4	295	258
259	0:54:56	JOHN, Richard		Senior Men	05:29.6	95	259
260	0:55:02	PIKE, David	Abbey Runners	Vet Men 55-59	05:30.2	79	260
261	0:55:06	SHERMAN, Anna	Stowmarket Striders	Senior Ladies	05:30.6	213	261
262	0:55:28	HALL, Barry		Vet Men 45-49	05:32.8	322	262
263	0:55:29	SIVELL, Robert	Dereham Runners Athletic Club	Senior Men	05:32.9	166	263

264	0:55:30	SHEAD, Sheila		Vet Ladies 55-59	05:33.0	22	264
265	0:55:38	KARACZUN, Mark		Vet Men 40 -44	05:33.8	247	265
266	0:55:38	HARDY, Carol	Norfolk Gazelles	Vet Ladies 45-49	05:33.8	297	266
267	0:55:52	WALTERS, Katy	City of Norwich Athletic Club	Senior Ladies	05:35.2	313	267
268	0:56:00	OSBORNE, Andrea	North Norfolk Beach Runners	Vet Ladies 50-54	05:36.0	15	268
269	0:56:01	JAY, Peter		Vet Men 45-49	05:36.1	219	269
270	0:56:02	ALFORD, Karen		Vet Ladies 45-49	05:36.2	20	270
271	0:56:08	RIGG, Darren	City of Norwich Athletic Club	Senior Men	05:36.8	53	271
272	0:56:09	HARDY, Rebekah		Senior Ladies	05:36.9	52	272
273	0:56:14	ENGLAND, John	Great Yarmouth and District	Vet Men 60 +	05:37.4	328	273
274	0:56:25	PACEY, Angela	Great Yarmouth Road Runners	Vet Ladies 60 +	05:38.5	144	274
275	0:56:31	ALFORD, Colin		Vet Men 45-49	05:39.1	21	275
276	0:56:43	GERRARD, Hayley	Norfolk Gazelles	Vet Ladies 40-44	05:40.3	49	276
277	0:56:46	SMITH, Wendy	Norwich Road Runners	Vet Ladies 45-49	05:40.6	384	277
278	0:56:47	EWIN, Robert		Vet Men 60 +	05:40.7	311	278
279	0:56:48	MARKS, David	Norwich Road Runners	Vet Men 40 -44	05:40.8	390	279
280	0:56:51	DADY, Sylvia		Senior Ladies	05:41.1	218	280
281	0:56:56	FRASER, Elaine		Vet Ladies 50-54	05:41.6	26	281
282	0:57:12	PROFFITT, Ed		Senior Men	05:43.2	78	282
283	0:57:12	HOLLINGSWORTH, Karen	Amphill & Flitwick Harriers	Vet Ladies 45-49	05:43.2	58	283
284	0:57:17	HOLLINGSWORTH, Richard	Amphill & Flitwick Harriers	Vet Men 45-49	05:43.7	57	284
285	0:57:17	BRITT, Tony		Vet Men 50-54	05:43.7	388	285
286	0:57:26	MCCULLOCH, Jane		Vet Ladies 50-54	05:44.6	345	286
287	0:57:36	ARDEN, Jeff	Norfolk Gazelles	Vet Men 50-54	05:45.6	143	287
288	0:57:42	BURRAGE, Carolyn	Norfolk Gazelles	Vet Ladies 50-54	05:46.2	368	288
289	0:57:57	MOORE, Lynda	Norwich Road Runners	Vet Ladies 55-59	05:47.7	264	289
290	0:57:57	BROWNING, Daniel		Senior Men	05:47.7	191	290
291	0:57:58	SULLIVAN, Gemma		Senior Ladies	05:47.8	147	291
292	0:58:01	MATTHEWSON, Rosemary		Vet Ladies 40-44	05:48.1	244	292
293	0:58:02	LYNCH-AIRD, Jeanne	Stowmarket Striders	Vet Ladies 50-54	05:48.2	287	293

294	0:58:05	MATLOCK, Rosemary	Thetford Athletic Club	Vet Ladies 50-54	05:48.5	54	294
295	0:58:12	ROSE, David		Vet Men 40 -44	05:49.2	340	295
296	0:58:19	MOORE, Brian	Norwich Road Runners	Vet Men 55-59	05:49.9	265	296
297	0:58:26	TIMSON, Oliver		Senior Men	05:50.6	125	297
298	0:58:33	GOULDING, Vicki	Fairlands Valley Spartans	Senior Ladies	05:51.3	408	298
299	0:58:45	JENNINGS, Mary	Cambridge and Coleridge	Vet Ladies 55-59	05:52.5	92	299
300	0:58:45	SAUNDERS, Karen		Vet Ladies 40-44	05:52.5	44	300
301	0:58:50	HARWOOD, Charlotte		Senior Men	05:53.0	220	301

HAPPY NEW YEAR TO ALL ENTRANTS

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results produced by Wymondham AC. Printed by Wymondham AC on 1 January 2009

Page 5 of 6

=16

[First](#) [Previous](#) [Next](#) [Last](#)

New Years Day 10k 2009, New Years Day 10k 2009 - Thursday 1 January 2009. 11:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
302	0:59:35	TYLER, Rosemary	Stowmarket Striders	Vet Ladies 55-59	05:57.5	327	302
303	0:59:40	DONOVAN, Rob	bungay black dog athletic club	Vet Men 60 +	05:58.0	405	303
304	0:59:54	NEAVE, PHILIP	bungay black dog athletic club	Vet Men 60 +	05:59.4	65	304
305	1:00:16	POTTER, Susan	bungay black dog athletic club	Vet Ladies 50-54	06:01.6	142	305
306	1:00:25	HOLLAND, Martin		Vet Men 60 +	06:02.5	205	306
307	1:00:52	JEYES, Sally	Ivanhoe Runners	Vet Ladies 55-59	06:05.2	436	307
308	1:00:58	DIGBY, Gayle		Senior Ladies	06:05.8	355	308
309	1:00:58	MERCER, Kimberley		Senior Ladies	06:05.8	394	309
310	1:01:10	SAUNDERS, Marianne	Norfolk Gazelles	Senior Ladies	06:07.0	170	310
311	1:01:10	FIELD, Julie		Senior Ladies	06:07.0	344	311
312	1:01:24	BELLINI, Stephen		Vet Men 55-59	06:08.4	339	312
313	1:01:42	SMITH, Sheila		Vet Ladies 55-59	06:10.2	66	313
314	1:01:42	MARSH, Jason		Senior Men	06:10.2	261	314
315	1:01:44	SPINKS, Roger	Ipswich Jaffa	Vet Men 60 +	06:10.4	140	315
316	1:02:10	FRANKS, Janette		Vet Ladies 45-49	06:13.0	200	316
317	1:02:10	ALBANIE, Mark	Shelfanger spartans	Vet Men 45-49	06:13.0	310	317
318	1:02:15	STONE, Gav		Senior Men	06:13.5	401	318
319	1:02:26	CASEY, Joseph	Shelfanger spartans	Senior Men	06:14.6	312	319
320	1:02:44	FENECH, Charles		Vet Men 60 +	06:16.4	165	320
321	1:02:44	ARMITAGE, Craig		Vet Men 40 -44	06:16.4	62	321
322	1:02:46	ARMITAGE, Sara		Vet Ladies 40-44	06:16.6	61	322
323	1:02:49	RUSSELL, Daniel		Senior Men	06:16.9	80	323
324	1:02:52	LAWRENCE, Ken	26.2 Road Runners Club	Vet Men 45-49	06:17.2	1	324

325	1:02:52	THOULESS, Colin	Norwich Road Runners	Vet Men 60 +	06:17.2	106	325
326	1:02:52	SODEN, Katie		Vet Ladies 40-44	06:17.2	19	326
327	1:02:57	HALL, Lesley		Vet Ladies 40-44	06:17.7	18	327
328	1:02:57	RUSSELL, Phil		Senior Men	06:17.7	84	328
329	1:03:13	RUSSELL, John		Senior Men	06:19.3	82	329
330	1:03:26	TAYLOR, Paul		Vet Men 40 -44	06:20.6	85	330
331	1:04:41	HODGSON, Alison		Senior Ladies	06:28.1	6	331
332	1:06:00	ENGLAND, Maureen	Great Yarmouth and District	Vet Ladies 60 +	06:36.0	329	332
333	1:06:05	FARLEY, John		Vet Men 50-54	06:36.5	279	333
334	1:06:15	HASWELL, Shelli		Senior Ladies	06:37.5	238	334
335	1:06:28	BELINI, Deborah	Norfolk Gazelles	Vet Ladies 50-54	06:38.8	185	335
336	1:06:30	BRAAT, Lisa	Lowestoft Road Runners	Senior Ladies	06:39.0	83	336
337	1:06:52	PROTHEROE, Sallyann	Lowestoft Road Runners	Vet Ladies 50-54	06:41.2	262	337
338	1:06:52	SINCLAIR, Anne		Vet Ladies 50-54	06:41.2	392	338
339	1:07:31	SINCLAIR, Jeremy		Vet Men 55-59	06:45.1	391	339
340	1:09:28	GRIFFIN, Mary		Vet Ladies 60 +	06:56.8	117	340
341	1:09:34	WILLIAMSON, Michelle		Senior Ladies	06:57.4	5	341
342	1:09:34	ROBSON, Fiona		Senior Ladies	06:57.4	88	342
343	1:09:46	PIKE, Julie		Senior Ladies	06:58.6	87	343
344	1:12:47	FLEGG, Joanne		Vet Ladies 40-44	07:16.7	10	344
345	1:12:53	SPONG, Albert	Great Yarmouth Road Runners	Vet Men 60 +	07:17.3	290	345
346	1:13:14	SKYES, Denise		Senior Ladies	07:19.4	378	346
347	1:13:26	HUNT, Suzanne		Vet Ladies 40-44	07:20.6	131	347
348	1:13:31	ANDREWS, Sarah		Vet Ladies 40-44	07:21.1	121	348
349	1:13:33	POTTER, Tina	Tri Anglia	Vet Ladies 50-54	07:21.3	275	349
350	1:13:58	WHITWAM, Anneliese		Vet Ladies 45-49	07:23.8	305	350
351	1:15:09	FOX ELLIOTT, Rosemary		Vet Ladies 40-44	07:30.9	161	351
352	1:16:45	DEAN, Donna		Vet Ladies 40-44	07:40.5	96	352
353	1:16:46	KIDD, Sharon		Senior Ladies	07:40.6	100	353
354	1:17:47	TRIDGELL, Luke		Senior Men	07:46.7	99	354

355	1:18:41	JIGGINS, Jane		Senior Ladies	07:52.1	258	355
356	1:18:54	MILLER, Louis		Vet Men 60 +	07:53.4	419	356
357	1:19:51	COPELAND, Maurice		Vet Men 60 +	07:59.1	293	357
358	1:19:53	BENNETT, Roberta		Vet Ladies 50-54	07:59.3	494	358
359	1:19:53	BRIGHTMAN, Pat	Great Yarmouth and District	Vet Ladies 55-59	07:59.3	342	359

There were 359 finishers in the All Competitors category.

HAPPY NEW YEAR TO ALL ENTRANTS

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results produced by Wymondham AC. Printed by Wymondham AC on 1 January 2009

Page 6 of 6

FON