

Wymondham New Years Day 10k Results - 1st January 2005

Position	Time	Name	Club	Category	Age	Sex
1	0:33:49	Oneill, James	City Of Norwich		25	M
2	0:34:11	Bheekarry, Ajay	Great Bentley Runners		25	M
3	0:34:25	Jackson, Nigel	Lowestoft Road Runners	V40	42	M
4	0:34:35	Moore, Richard	Waveney Valley Athletic Club		39	M
5	0:34:38	Baldwin, Steve	Norfolk Gazelles		23	M
6	0:35:08	Sherry, Karl	Norwich Road Runners	V40	42	M
7	0:35:37	Arnold, Nigel	Norfolk Gazelles	V45	47	M
8	0:36:12	Paul, Dominic			33	M
9	0:36:36	Dunham, Glen	City Of Norwich		39	M
10	0:36:40	Hicks, Andrew	Lowestoft Road Runners	V40	44	M
11	0:36:41	Bailey, Cliff	Thetford Athletic Club	V40	44	M
12	0:36:43	Howe, Gary	Thetford Athletic Club		36	M
13	0:36:51	Preston, James	Wymondham Athletic Club		17	M
14	0:37:07	Bunn, Andrew	Norwich Road Runners		36	M
15	0:37:10	Collinson, Mark	Norwich Road Runners		27	M
16	0:37:11	Blake, Richard	Great Yarmouth Road Runners	V55	55	M
17	0:37:15	Levy, Simon	City Of Norwich		23	M
18	0:37:21	Shea, Nick	Reepham Runners		33	M
19	0:37:47	Davidson, Neil	City Of Norwich		35	M
20	0:37:53	Rowe, Timothy	Norwich Road Runners		36	M
21	0:38:10	Hill, Raymond	Ipswich Jaffa	V55	55	M
22	0:38:27	Hook, John		V40	42	M
23	0:38:28	Spragg, Mike	Great Yarmouth Road Runners	V55	58	M
24	0:38:33	Perrott, Leonard	North Norfolk Beach Runners	V45	45	M
25	0:38:35	Eccles, Michael			24	M
26	0:38:37	Bolam, Jeremy	North Norfolk Beach Runners	V45	46	M
27	0:38:51	Quantrill, Phil	Great Yarmouth Road Runners		30	M
28	0:38:58	Clarke, Russell	Wymondham Athletic Club	V45	47	M
29	0:39:08	Higham, Paul	Norfolk Gazelles		22	M
30	0:39:19	Johnson, Pete	Norfolk Gazelles	V50	50	M
31	0:39:21	Rutterford, Alan	Ely Runners		39	M
32	0:39:23	Nelson, Peter			35	M
33	0:39:28	Powell, Michael	Norwich Road Runners	V55	55	M
34	0:39:36	Roper, Goy	Norwich Road Runners	V40	42	M
35	0:39:40	Curl, Tracey	Norwich Road Runners	V40	42	F
36	0:39:44	Ive, Martin	Ryston Runners		38	M
37	0:39:55	Askew, Nick	City Of Norwich		37	M

38	0:39:57	Hardy, John	City Of Norwich	V45	47	M
39	0:39:58	Sullivan, Paul	Norwich Road Runners		38	M
40	0:40:15	White, Richard		V40	44	M
41	0:40:32	Prest, Luke			22	M
42	0:40:39	Emery, Trevor	North Norfolk Beach Runners	V50	52	M
43	0:40:43	Sadler, Michael	North Norfolk Beach Runners	V40	41	M
44	0:40:47	Nelson, Glen	Norwich Road Runners	V50	51	M
45	0:40:55	Purdy, Vincent	Team Real Runners.Com		28	M
46	0:40:56	Sturgess, Ian	Wymondham Athletic Club	V45	46	M
47	0:40:58	Chamberlain, Michael	Norwich Road Runners	V40	43	M
48	0:41:04	Moore, Adrian	Wymondham Athletic Club		26	M
49	0:41:09	Alford, Nichola	City Of Norwich		23	F
50	0:41:10	Forkes, John	Eastern Vets Athletic Club	V55	59	M
51	0:41:12	Dickens, Paul		V40	44	M
52	0:41:13	Thomas, John	Corbny Athletic Club	V60	64	M
53	0:41:20	Bower, Sandra	Thetford Athletic Club	V40	44	F
54	0:41:43	Yeomans, Martin	Norwich Road Runners	V50	53	M
55	0:41:44	Neal, Nikki	Alderney Athletics		33	F
56	0:41:51	Ellis, Vince	City Of Norwich	V45	48	M
57	0:42:15	Meredith, Rhys	Norwich Road Runners		18	M
58	0:42:20	Handoll, Richard	Ely Runners	V40	43	M
59	0:42:24	Quigley, Terry	North Norfolk Beach Runners	V55	57	M
60	0:42:32	Brand, Mark			36	M
61	0:42:34	Harrall, Jerry		V40	43	M
62	0:42:42	Pryke, Gail	Ipswich Triathlon Club	V40	44	F
63	0:42:44	Denmark, Mike		V40	44	F
64	0:42:46	Freeman, Paul	Norwich Road Runners		29	M
65	0:42:56	Croucher, Anthony	Great Yarmouth & Distric Athletics Club		19	M
66	0:42:57	Bone, John	Great Yarmouth Road Runners	V55	58	M
67	0:43:04	Elia, F			36	M
68	0:43:16	Oldman, Peter	Eastern Vets Athletic Club	V60	65	M
69	0:43:17	Shield, Gary	Durham City Harriers	V45	46	M
70	0:43:19	Dye, Richard	Bungay Black Dog	V40	43	M
71	0:43:33	Saunders, Mark			37	M
72	0:43:34	Matthews, Russell		V45	45	M
73	0:43:39	Joy, Kevin	Dereham Runners	V50	51	M
74	0:43:40	Hardingham, Kevin	Norfolk Gazelles	V45	46	M
75	0:43:45	Grand, Adrian	Norwich Road Runners	V40	40	M
76	0:43:47	Buck, Will	Norwich Road Runners	V40	43	M
77	0:43:49	Parker, Nigel		V40	42	M

78	0:43:57	Dallas, Ian	Norfolk Gazelles	V40	41	M
79	0:43:58	Blackwell, Kevin	Flegg Athletic	V45	46	M
80	0:43:59	Garrett, Mark	Norwich Road Runners	V40	41	M
81	0:44:00	Edye, Simon	Norwich Road Runners	V50	52	M
82	0:44:00	Rogers, Brendan			32	M
83	0:44:00	Woodyatt, Paul	City Of Norwich	V40	43	M
84	0:44:04	Carver, Dawn	Norwich Road Runners	V40	40	F
85	0:44:04	Colman, Ivan	Norfolk Gazelles	V40	43	M
86	0:44:20	Smith, Alexandra	Norwich Road Runners		29	F
87	0:44:21	Corke, Robert			35	M
88	0:44:34	Spruce, Noel	North Norfolk Beach Runners	V60	60	M
89	0:44:34	Bainger, Graham	Norwich Road Runners	V50	52	M
90	0:44:36	Bye, Barry	Ryston Runners	V55	57	M
91	0:44:44	Redgen, Andrew			39	M
92	0:44:47	Millett, Anne	Norwich Road Runners	V45	48	F
93	0:44:53	Brittain, Christopher	Road Runners Club	V50	54	M
94	0:44:58	Parker, Yvonne	Road Runners Club	V45	49	F
95	0:45:01	Saines, Rob	North Norfolk Beach Runners	V60	63	M
96	0:45:05	Barnes, Darren			29	M
97	0:45:07	Mcsweeney, James	Norwich Road Runners		29	M
98	0:45:08	Maylor, David	Nene Valley Harriers	V45	45	M
99	0:45:09	Matthews, Ken		V50	51	M
100	0:45:12	Prest, Steve		V45	47	M
101	0:45:25	Mawer, Roger	Lowestoft Road Runners	V60	64	M
102	0:45:25	Robinson, Stephen	Norfolk Gazelles		39	M
103	0:45:36	Sexton, Tim			33	M
104	0:45:39	White, Justin			34	M
105	0:45:40	Peacock, David	Norfolk Gazelles		39	M
106	0:45:42	Tarrant, Steve	Wymondham Athletic Club	V50	51	M
107	0:45:43	Bull, Michelle	Norwich Road Runners		34	F
108	0:45:48	Milnes, Chris	Ryston Runners	V45	47	M
109	0:45:51	Thouless, Gavin	Norwich Road Runners		36	M
110	0:45:52	Maran, David		V40	44	M
111	0:45:54	Ratchford, David	Brandon Fern Hoppers	V40	42	M
112	0:45:57	Presland, Steve	Ely Runners	V45	48	M
113	0:45:58	Howes, Rob			34	M
114	0:46:10	Moncrieff, Marc			34	M
115	0:46:26	Goodwill, Paul		V40	44	M
116	0:46:36	Simmonds, John	Swindon Striders	V50	53	M
117	0:46:47	Hammond, Barry		V50	54	M
118	0:46:55	Kent, Sean			39	M

119	0:46:56	Phillips, Dean	Wymondham Athletic Club		35	M
120	0:46:58	Ferrand, Joel			17	M
121	0:46:59	Hayward, Geoff	North Norfolk Beach Runners	V60	63	M
122	0:47:02	Tufts, Mark	Wymondham Athletic Club		36	M
123	0:47:15	Ball, Michael	North Norfolk Beach Runners	V60	71	M
124	0:47:18	Simpson, Dennis	Norwich Road Runners	V40	44	M
125	0:47:29	Read, Simon		V45	46	M
126	0:47:35	Neal, Graeme	Alderney Athletics	V40	40	M
127	0:47:45	Ashford-Thomas, Samantha			33	F
128	0:47:47	Challis, Raymond	Grange Farm Trotters	V55	59	M
129	0:47:55	Powell, Daren			38	M
130	0:47:56	Woodhouse, Gill	Dereham Runners	V55	56	F
131	0:47:57	Tarrant, Nick		V40	42	M
132	0:48:00	Sadler, Derek	North Norfolk Beach Runners	V50	50	M
133	0:48:01	Sexton, Mark	Norfolk Gazelles		36	M
134	0:48:02	Jack, Graeme		V40	43	M
135	0:48:03	Heale, Robin	Wadhurst Runners	V55	57	M
136	0:48:04	Betts, Carol	Norfolk Gazelles	V50	50	F
137	0:48:05	Neave, Philip	Bungay Black Dog	V55	56	M
138	0:48:08	Gilbert, David	Lowestoft Road Runners	V60	61	M
139	0:48:14	Wenlock, Tony		V50	50	M
140	0:48:18	Bartram, Dennis	Wymondham Athletic Club	V50	54	M
141	0:48:20	Browning, Colin	Norwich Road Runners	V40	40	M
142	0:48:21	Horrex, Trevor	Norwich Road Runners	V40	44	M
143	0:48:22	White, Michelle			30	F
144	0:48:33	Newell, Simon	Norwich Road Runners		32	M
145	0:48:35	Holbrook, Julia	Stone M M		36	F
146	0:48:38	Wright, Cas	Norfolk Gazelles		38	F
147	0:48:57	Taylor, Mark	Norwich Road Runners	V50	52	M
148	0:49:03	Hawkins, Victoria			32	F
149	0:49:05	Shield, Susan	Durham City Harriers	V45	45	F
150	0:49:08	Heard, Peter	Wymondham Athletic Club	V45	46	M
151	0:49:14	Campbell Potter, Emma	Dereham Runners		35	F
152	0:49:19	Pitcher, Guy	Reepham Runners		39	M
153	0:49:21	Fox, Colin			36	M
154	0:49:25	Howard, Jay	Norfolk Gazelles	V40	42	F
155	0:49:30	Stalley, Sian			26	F
156	0:49:32	Mwayi, James	Stowmarket Striders		35	M
157	0:49:35	Preston, Jessica	Wymondham Athletic Club		17	F
158	0:49:36	Preston, Andrew	Wymondham Athletic Club		39	M

159	0:49:36	Hammond, Andrew		V45	49	M
160	0:49:37	Oreston, Sarah	Norfolk Gazelles		29	F
161	0:49:46	Willson, David		V40	42	M
162	0:49:48	Bye, Rodney		V40	43	M
163	0:49:52	Law, Barbara	Great Bentley Runners	V60	60	F
164	0:50:00	Osborne, Mark			31	M
165	0:50:08	Nudds, Matthew			31	M
166	0:50:15	Ingram, Stewart	Diss Athletic Club	V50	53	M
167	0:50:20	Burrage, Andrew	Norfolk Gazelles	V50	50	M
168	0:50:24	Egmore, Jenni	Reepham Runners		37	F
169	0:50:29	Gowing, Peter	Reepham Runners		36	M
170	0:50:30	Haines, Richard	Stratton Striders	V50	51	M
171	0:50:33	Mallett, Amanda			38	F
172	0:50:38	Norbury, Audrey	Thetford Athletic Club		39	F
173	0:50:38	Houghton, Andrew		V45	46	M
174	0:50:41	Appleby, Stuart		V40	40	M
175	0:50:46	Ribbands, Derek	Great Yarmouth Road Runners	V45	46	M
176	0:50:53	Robinson, James			20	M
177	0:51:03	Garrett, Julie	Norwich Road Runners		37	F
178	0:51:08	Taylor, Caroline	Norwich Road Runners	V45	47	F
179	0:51:14	England, John	Great Yarmouth & Distric Athletics Club	V55	57	M
180	0:51:16	Edwards, Nigel	Norwich Road Runners		32	M
181	0:51:29	Holbrook, Ian			35	M
182	0:51:33	Rowe, Carole		V40	43	F
183	0:51:37	Morton, Alison	Bungay Black Dog	V40	42	F
184	0:51:39	Milnes, Alison	Ryston Runners	V40	43	F
185	0:51:51	Green, Adrian	Ipswich Triathlon Club		31	M
186	0:51:52	Harvey, Michael	North Norfolk Beach Runners	V45	49	M
187	0:52:03	Burrage, Carolyn	Norfolk Gazelles	V50	50	F
188	0:52:08	Drinkell, Andrew			39	M
189	0:52:09	Spooner, John	Dereham Runners	V45	45	M
190	0:52:12	Jones, Gwyneth		V45	46	F
191	0:52:14	Ashford, Martin		V55	55	M
192	0:52:21	Oleary, Ann	Great Yarmouth Road Runners	V50	52	F
193	0:52:25	Wheeler, Grant	Norfolk Gazelles		39	M
194	0:52:26	Curnow, John			28	M
195	0:52:27	Poole, Carolyn	Norfolk Gazelles	V45	49	F
196	0:52:34	Moore, Brian	Norwich Road Runners	V50	54	M
197	0:52:37	Kesselring, Mervyn	Bungay Black Dog	V55	58	M
198	0:52:38	Stannett, Kate	Ipswich Triathlon Club	V40	43	F

199	0:52:39	Afford, Mark		V40	42	M
200	0:52:46	Betts, David	Norfolk Gazelles	V50	51	M
201	0:52:54	Birch, David	Norwich Road Runners	V40	42	M
202	0:52:59	Gilbert, David	Waveney Valley Athletic Club	V40	42	M
203	0:53:10	Hall, Mark			38	M
204	0:53:17	Chase, Daniel			29	M
205	0:53:20	Arnold, Marion	Norwich Road Runners	V45	47	F
206	0:53:26	Maran, Karen		V45	48	F
207	0:53:27	Chase, James		V40	40	M
208	0:53:28	Martin, Anne	Wymondham Athletic Club	V60	68	F
209	0:53:29	Furlow, Scot		V40	40	M
210	0:53:31	Nicholls, Victoria			26	F
211	0:53:35	Leonard, Maggie	Ramsey Road Runners	V45	49	F
212	0:53:36	Leonard, Graham	Ramsey Road Runners	V45	48	M
213	0:53:41	Moore, Lynda	Norwich Road Runners	V50	51	F
214	0:53:41	Clark, Peter		V45	45	M
215	0:53:47	Bailey, Margaret	Wymondham Athletic Club	V55	56	F
216	0:53:50	Stannett, Charlie	Ipswich Triathlon Club	V45	49	M
217	0:53:53	Potter, Rodney		V60	69	M
218	0:54:03	Appleton, Katy	City Of Norwich		29	F
219	0:54:07	Lees, Ivan	Bungay Black Dog	V45	48	M
220	0:54:08	Day, Jill	Great Yarmouth Road Runners		36	F
221	0:54:08	Macrae, Christine		V45	45	F
222	0:54:11	Flatman, Wayne	St Edmunds Pacers	V45	45	M
223	0:54:16	Haines, Adam	Stratton Striders		20	M
224	0:54:33	Burfoot, Jennifer	Norfolk Gazelles	V55	56	F
225	0:54:36	Baines, John			37	M
226	0:54:37	Lynch-Aird, Jeanne	Stowmarket Striders	V45	49	F
227	0:54:38	Bentley, Clive		V40	40	M
228	0:54:39	Nicholls, Sally	Bungay Black Dog	V40	44	F
229	0:54:40	Bowles, Theresa	Norfolk Gazelles		33	F
230	0:54:43	Peacock, Rachael			35	F
231	0:54:59	Thompson, Steph			38	F
232	0:54:59	Stackwood, Jane Louise			35	F
233	0:55:01	Farrow, Linda	Norfolk Gazelles	V55	57	F
234	0:55:11	Oliver, Joe	Norfolk Gazelles	V50	50	M
235	0:55:19	Scott, Kelly			27	F
236	0:55:25	Warnes, Simone			34	F
237	0:55:49	Bennett, Susan	Norfolk Gazelles	V40	44	F
238	0:55:58	Barlow, Kate	Wymondham Athletic Club	V50	50	F
239	0:55:58	Bezant, Jane		V40	43	F

240	0:56:01	Harrison, Peter		V55	58	M
241	0:56:06	Winfield, Trudy			36	F
242	0:56:15	Anderson, Tony			35	M
243	0:56:17	Starling, Jacqui	Diss Athletic Club	V40	40	F
244	0:56:19	Doak, Colin	Ely Runners	V40	40	M
245	0:56:26	Boetzel, Ruth			38	F
246	0:56:27	Neave, Marianne	Norfolk Gazelles		35	F
247	0:56:30	Britt, Tony		V45	49	M
248	0:56:41	Osborne, Catherine			32	F
249	0:56:45	Money, Tony			35	M
250	0:56:47	Bennett, Robert		V45	49	M
251	0:56:49	Holland, Martin		V60	65	M
252	0:56:54	Ferrand, Nigel		V45	48	M
253	0:56:55	Jones, Huw		V40	40	M
254	0:56:55	Burfoot, Roy	Norfolk Gazelles	V55	57	M
255	0:57:17	Mc Culloch, Jane		V45	46	F
256	0:57:41	Barton, Jack	City Of Norwich	V55	56	M
257	0:57:47	Bassett, Carmel	Thurrlock Harriers	V50	50	F
258	0:57:56	Dee, Michael	Henfield Joggers	V60	66	M
259	0:58:04	Day, Brian	Striders Of Croydon	V55	59	M
260	0:58:05	West, Julia		V40	40	F
261	0:58:06	Broster, Linsey Jayne			33	F
262	0:58:12	Broster, Richard			36	M
263	0:58:20	Law, Terry	Great Bentley Runners	V60	70	M
264	0:58:20	Weinberger, Ellis		V40	43	M
265	0:58:31	Jack, Rob	Stratford Upon Avon	V40	44	M
266	0:59:08	Smith, Sheila		V50	51	F
267	0:59:14	Kelly, Sarah	Reepham Runners	V50	52	F
268	0:59:25	Kelly, Mick	Reepham Runners	V50	53	M
269	0:59:47	Hunton, Liz	Norwich Road Runners	V45	48	F
270	0:59:47	Neal, Paul	Norwich Road Runners	V50	53	M
271	0:59:53	Miller, Louis		V60	74	M
272	0:59:53	Wilcox, Jacqueline		V40	41	F
273	1:00:17	Senior, Dave		V40	41	M
274	1:00:52	Senior, Suzi		V40	44	F
275	1:00:53	Burdett, Sara		V40	43	F
276	1:00:54	England, Maureen	Great Yarmouth & Distric Athletics Club	V60	60	F
277	1:01:06	Thouless, Colin	Norwich Road Runners	V60	68	M
278	1:01:14	Rogers, Paul		V40	43	M
279	1:02:03	Rogers, Maxine			29	F

280	1:02:29	Dorriccott, Susan	Norfolk Gazelles		31	F
281	1:02:30	Carroll, Deirdre		V50	52	F
282	1:02:49	Hamilton, Louisa			34	F
283	1:03:12	Watling, Ruth		V50	50	F
284	1:03:14	Brown, Julia		V40	42	F
285	1:04:45	Barlow, Ray		V50	53	M
286	1:04:59	Gowing, Geoffry	Reepham Runners	V60	63	M
287	1:05:23	Harbord, Chris	Great Yarmouth Road Runners	V55	59	M
288	1:05:42	Cracknell, Yvonne		V50	54	F
289	1:06:09	Nursey, Susan		V50	53	F
290	1:06:12	Collett, William			31	M
291	1:06:12	Renshaw, Diane	Dereham Runners	V45	45	F
292	1:06:21	Creasy, Carol			39	F
293	1:08:43	Petts, Jane		V40	44	F
294	1:14:11	Strowlger, Tom	Lowestoft Road Runners		22	M
295	1:14:11	Miller, Cynthia		V60	68	F
296	1:20:31	Dee, Cynthia	Henfield Joggers	V55	59	F
297	1:23:26	Boreham, Alison			35	F
298	1:24:19	Quantrill, Angela			31	F
299	1:24:58	Brightman, Pat	Great Yarmouth & Distric Athletics Club	V50	52	F