

Wymondham New Years Day 10K

2018

Place	First Name	Last Name	Bib No	Chip Time	Gun Time	Gender	Age Group	Plac	Age Group C	Team Name
1	Ben	Fletcher	817	31:59	31:59	M	1 Top Fin		M Senior	
2	James	Senior	638	32:59	32:59	M	2 Top Fin		M Senior	City Of Norwich AC
3	George	Gay	271	33:41	33:41	M	3 Top Fin		M Senior	City Of Norwich AC
4	MATT	PYATT	584	34:32	34:32	M	1 M 40-44		M 40 to 44	Ryston Runners
5	Gary	Crush	192	34:50	34:50	M	2 M 40-44		M 40 to 44	City Of Norwich AC
6	Edward	Foster	254	35:48	35:48	M	1 M 1-39		M Senior	City Of Norwich AC
7	Sean	Jermy	378	35:52	35:52	M	2 M 1-39		M Senior	Great Yarmouth Road Runners
8	Neil	Adams	2	35:56	35:56	M	3 M 40-44		M 40 to 44	North Norfolk Beach Runners
9	Chris	Mickleburgh	486	36:13	36:14	M	3 M 1-39		M Senior	Norwich Road Runners
10	Tim	Topper	729	36:26	36:27	M	1 M 45-49		M 45 to 49	Wymondham AC
11	Chris	Merrylees	483	36:34	36:36	M	4 M 1-39		M Senior	North Norfolk Beach Runners
12	Ashley	Dennett	204	36:52	36:53	M	5 M 1-39		M Senior	City Of Norwich AC
13	Graham	Jenvey	376	36:56	36:59	M	6 M 1-39		M Senior	Norwich Road Runners
14	Simon	Wright	805	37:06	37:09	M	7 M 1-39		M Senior	Norwich Road Runners
15	Marc	Evans	237	37:26	37:29	M	8 M 1-39		M Senior	Great Yarmouth Road Runners
16	John	Moore	495	37:38	37:39	M	1 M 55-59		M 55 to 59	Norfolk Gazelles AC
17	Mark	Banfield	34	37:48	37:53	M	4 M 40-44		M 40 to 44	Wymondham AC
18	Ruth	Senior	822	38:17	38:19	F	1 Top Fin		F Senior	City Of Norwich AC
19	Andy	Mulligan	828	38:24	38:24	M	9 M 1-39		M Senior	
20	Andy	Ellis	231	38:43	38:51	M	10 M 1-39		M Senior	Felixstowe RRC
21	Phil	Whiting	823	38:44	38:46	M	5 M 40-44		M 40 to 44	Norfolk Gazelles AC
22	Lynton	Battrick	48	38:59	39:02	M	6 M 40-44		M 40 to 44	North Norfolk Beach Runners
23	Marc	Coles	166	39:16	39:19	M	7 M 40-44		M 40 to 44	Norwich Road Runners
24	Chris	Yeates	807	39:29	39:44	M	11 M 1-39		M Senior	City Of Norwich AC
25	Darren	Barnes	40	39:29	39:33	M	8 M 40-44		M 40 to 44	
26	Billy	Heseltine	318	39:30	39:31	M	12 M 1-39		M Senior	
27	Benn	Walker	750	39:31	39:43	M	13 M 1-39		M Senior	
28	David	Houghton	337	39:32	39:35	M	2 M 45-49		M 45 to 49	Norwich Road Runners
29	Matt	Howard	343	39:38	39:42	M	14 M 1-39		M Senior	Norwich Road Runners
30	Steve	Bonnot	83	39:40	41:12	M	15 M 1-39		M Senior	
31	Daniel	Jones	390	39:41	39:45	M	16 M 1-39		M Senior	Harling Athletic Club
32	Jonathan	Cordle	182	39:42	39:47	M	1 M 50-54		M 50 to 54	Tri-Anglia Triathlon Club
33	RICHARD	DOYLE	219	39:44	39:49	M	17 M 1-39		M Senior	
34	Stanley	Swanepoel	713	39:45	39:51	M	2 M 50-54		M 50 to 54	Tri-Anglia Triathlon Club
35	Tony	Witmond	791	40:03	40:06	M	3 M 50-54		M 50 to 54	North Norfolk Beach Runners
36	Mark	Solway	676	40:07	40:09	M	3 M 45-49		M 45 to 49	City Of Norwich AC
37	Charlotte	Neale	506	40:11	40:14	F	2 Top Fin		F Senior	North Norfolk Beach Runners
38	Duncan	Samwell	627	40:28	40:33	M	9 M 40-44		M 40 to 44	Tri-Anglia Triathlon Club
39	Paul	Vincent	745	40:28	40:47	M	10 M 40-44		M 40 to 44	Wymondham AC
40	Mark	Saunders	632	40:31	40:37	M	4 M 45-49		M 45 to 49	
41	Matthew	Collier	167	40:49	40:57	M	5 M 45-49		M 45 to 49	Norfolk Gazelles AC
42	Sze-Ming	Cheung	149	40:50	48:18	M	11 M 40-44		M 40 to 44	Norwich Road Runners
43	Jason	Brunt	108	40:52	41:02	M	6 M 45-49		M 45 to 49	Norfolk Gazelles AC
44	Jon	Wiles	780	40:55	41:07	M	7 M 45-49		M 45 to 49	Bungay Black Dog RC
45	Neil	Button	119	40:58	41:08	M	8 M 45-49		M 45 to 49	Coltishall Jaguars RC
46	Owen	Spalding	677	40:58	41:09	M	18 M 1-39		M Senior	
47	Ross	Ashton	18	40:59	41:06	M	12 M 40-44		M 40 to 44	
48	Callum	Parke	545	41:05	41:51	M	19 M 1-39		M Senior	
49	Haydn	Lyon	451	41:06	41:47	M	20 M 1-39		M Senior	City Of Norwich AC
50	Michael	Jones	389	41:07	41:10	M	9 M 45-49		M 45 to 49	
51	Ian	Bray	96	41:10	41:13	M	21 M 1-39		M Senior	Norwich Road Runners
52	Max	Stevens	695	41:30	41:35	M	13 M 40-44		M 40 to 44	Tri-Anglia Triathlon Club
53	Will	Layton	425	41:38	41:43	M	22 M 1-39		M Senior	
54	Mat	Eyre	238	41:38	41:53	M	14 M 40-44		M 40 to 44	
55	Rowena	Leary	427	41:40	41:51	F	3 Top Fin		F Senior	Norfolk Gazelles AC
56	Adrian	Waters	760	41:40	41:42	M	4 M 50-54		M 50 to 54	Norfolk Gazelles AC
57	Jody	Warner	757	41:48	41:49	M	23 M 1-39		M Senior	Norwich Road Runners
58	Chris	Vernon	744	41:49	41:55	M	24 M 1-39		M Senior	
59	Stuart	Haynes	312	41:50	42:24	M	25 M 1-39		M Senior	
60	Glen	Nelson	510	41:58	42:02	M	1 M 60-64		M 60 to 64	Bure Valley Harriers
61	Robert	Barnes	39	42:09	42:22	M	26 M 1-39		M Senior	
62	Tilly	Anema	12	42:16	42:43	F	1 F 1-39		F Senior	
63	Daniel	Smith	670	42:23	42:43	M	27 M 1-39		M Senior	
64	Sabina	Spence	826	42:25	42:37	F	1 F 45-49		F 45 to 49	Bure Valley Harriers
65	Jason	Hurst	356	42:26	42:38	M	15 M 40-44		M 40 to 44	Bungay Black Dog RC
66	Mat	Porter	570	42:30	42:39	M	16 M 40-44		M 40 to 44	Norwich Road Runners
67	Mark	Shields	648	42:34	43:12	M	28 M 1-39		M Senior	
68	Richard	Dade	194	42:38	45:13	M	10 M 45-49		M 45 to 49	Wymondham AC
69	Stephen	Lee	824	42:41	42:46	M	29 M 1-39		M Senior	Dereham Runners & AC
70	Daniel	Roberts	610	42:42	43:08	M	30 M 1-39		M Senior	Dereham Runners & AC

Wymondham New Years Day 10K

2018

71	Shaun	Cleworth	156	42:47	42:56	M	17 M 40-44	M 40 to 44	Norwich Road Runners
72	Thomas	Lincoln Kemp	440	42:52	43:03	M	5 M 50-54	M 50 to 54	Coltishall Jaguars RC
73	James	Cordeaux	180	42:54	42:59	M	6 M 50-54	M 50 to 54	City Of Norwich AC
74	Simon	Kennison	403	42:55	43:36	M	18 M 40-44	M 40 to 44	City Of Norwich AC
75	Theresa	Dooley	212	43:01	43:15	F	2 F 45-49	F 45 to 49	Norfolk Gazelles AC
76	Aston	Martin	463	43:03	43:12	M	31 M 1-39	M Senior	Norwich Road Runners
77	Jessica	Behan	52	43:09	43:18	F	2 F 1-39	F Senior	Norwich Road Runners
78	Pete	Johnson	819	43:26	43:55	M	2 M 60-64	M 60 to 64	Ryston Runners
79	Julia	Parsley	548	43:35	45:01	F	3 F 1-39	F Senior	City Of Norwich AC
80	mark	storey	704	43:36	43:48	M	7 M 50-54	M 50 to 54	City Of Norwich AC
81	Harriet	Carr	133	43:38	43:45	F	4 F 1-39	F Senior	
82	David	Eastaugh	226	43:38	43:45	M	8 M 50-54	M 50 to 54	
83	Jason	Corner	827	43:46	43:56	M	19 M 40-44	M 40 to 44	Coltishall Jaguars RC
84	Lorena	Latisaite	422	43:46	44:15	F	5 F 1-39	F Senior	Ryston Runners
85	Stephen	Hatten	307	43:50	43:57	M	9 M 50-54	M 50 to 54	Saint Edmund Pacers
86	Mark	Bloomfield	80	43:50	44:26	M	11 M 45-49	M 45 to 49	
87	Jim	Fitch	249	43:51	44:36	M	12 M 45-49	M 45 to 49	
88	Rod	Bye	122	44:00	44:12	M	2 M 55-59	M 55 to 59	Coltishall Jaguars RC
89	NEIL	BUNNAGE	112	44:03	45:31	M	10 M 50-54	M 50 to 54	Norwich Road Runners
90	Samantha	Ismail-Epps	365	44:04	44:26	F	6 F 1-39	F Senior	Bungay Black Dog RC
91	Neil	Wood	795	44:07	44:14	M	20 M 40-44	M 40 to 44	Lowestoft Road Runners
92	Ashley	Yellop	809	44:08	44:17	M	21 M 40-44	M 40 to 44	Norwich Road Runners
93	Edward	Wood	794	44:11	44:54	M	32 M 1-39	M Senior	
94	Gary	Pillar	561	44:12	44:20	M	11 M 50-54	M 50 to 54	Great Yarmouth Road Runners
95	Paul	Spooner	687	44:25	45:03	M	33 M 1-39	M Senior	
96	Justin	Potter	573	44:28	45:09	M	34 M 1-39	M Senior	Stowmarket Striders RC
97	Sandra	Roberts	609	44:28	44:52	F	1 F 50-54	F 50 to 54	
98	John	Barrett	42	44:30	44:52	M	35 M 1-39	M Senior	
99	Penny	Studley	705	44:30	44:38	F	1 F 40-44	F 40 to 44	Great Yarmouth Road Runners
100	Rachel	Miller	820	44:31	44:55	F	2 F 40-44	F 40 to 44	Norwich Road Runners
101	Connor	Horne	335	44:32	44:51	M	36 M 1-39	M Senior	
102	Paul	Reeve	590	44:34	44:44	M	13 M 45-49	M 45 to 49	Great Yarmouth Road Runners
103	James	Wells	767	44:35	46:38	M	37 M 1-39	M Senior	
104	Christopher	Bing	65	44:37	45:17	M	38 M 1-39	M Senior	Ipswich Jaffa RC
105	Alan	Dawson	199	44:39	46:05	M	39 M 1-39	M Senior	
106	Steven	Middleton	487	44:40	44:50	M	40 M 1-39	M Senior	
107	Nicola	Cage-Brimelow	125	44:44	46:32	F	7 F 1-39	F Senior	
108	Paul	Smith	672	44:44	45:08	M	12 M 50-54	M 50 to 54	Norwich Road Runners
109	stacey	harper	302	44:44	45:08	F	3 F 40-44	F 40 to 44	Norwich Road Runners
110	James	Frary	263	44:46	45:03	M	22 M 40-44	M 40 to 44	Norfolk Gazelles AC
111	Chris	Howard	340	44:51	45:11	M	23 M 40-44	M 40 to 44	
112	Sam	Bartram	44	44:54	44:57	M	41 M 1-39	M Senior	
113	Liam	Marshall	461	44:59	46:26	M	42 M 1-39	M Senior	
114	Sean	O'Loughlin	530	45:00	45:19	M	13 M 50-54	M 50 to 54	Bungay Black Dog RC
115	Christopher	Sexton	640	45:17	46:37	M	43 M 1-39	M Senior	
116	Harvey	Lake	417	45:17	45:54	M	44 M 1-39	M Senior	City Of Norwich AC
117	Thomas	Bartram	45	45:24	46:17	M	45 M 1-39	M Senior	
118	Heath	Alexander-Bew	7	45:28	46:12	M	14 M 45-49	M 45 to 49	Wymondham AC
119	Emma	Blake	76	45:36	45:42	F	4 F 40-44	F 40 to 44	Coltishall Jaguars RC
120	Rebecca	Maun	468	45:39	45:53	F	3 F 45-49	F 45 to 49	North Norfolk Beach Runners
121	Adam	Baker	30	45:39	46:21	M	46 M 1-39	M Senior	
122	Josh	Mann	458	45:41	46:01	M	47 M 1-39	M Senior	
123	Mr	Clarke	155	45:42	46:02	M	48 M 1-39	M Senior	
124	Shaun	Sparkes	683	45:45	46:27	M	49 M 1-39	M Senior	
125	Terry	Hubbard	347	45:45	46:28	M	24 M 40-44	M 40 to 44	Great Yarmouth Road Runners
126	Des	Vanhinsbergh	741	45:47	47:15	M	15 M 45-49	M 45 to 49	
127	Justin	Pearce	550	45:52	46:07	M	25 M 40-44	M 40 to 44	
128	Tom	Moore	496	45:54	46:09	M	50 M 1-39	M Senior	
129	Nick	Ross	617	45:55	46:13	M	16 M 45-49	M 45 to 49	Norfolk Gazelles AC
130	Simon	Ottaway	534	45:55	46:20	M	17 M 45-49	M 45 to 49	
131	Caroline	Houghton	336	45:55	46:13	F	5 F 40-44	F 40 to 44	Norwich Road Runners
132	Penny	Edwards	228	45:59	46:22	F	1 F 60-64	F 60 to 64	Norwich Road Runners
133	Tim	Taylor	719	46:04	46:51	M	51 M 1-39	M Senior	
134	Gemma	Barnes	37	46:05	46:18	F	8 F 1-39	F Senior	
135	Neil	Boyce	88	46:09	46:42	M	26 M 40-44	M 40 to 44	Norwich Road Runners
136	Neil	May	470	46:15	46:30	M	18 M 45-49	M 45 to 49	
137	Mark	Townsend	732	46:17	46:53	M	19 M 45-49	M 45 to 49	
138	Tom	Pullinger	582	46:20	46:34	M	20 M 45-49	M 45 to 49	Bungay Black Dog RC
139	Richard	Boon	84	46:21	47:05	M	27 M 40-44	M 40 to 44	
140	Anthony	Kendrick	401	46:23	47:10	M	52 M 1-39	M Senior	
141	Nigel	Lambert	418	46:25	46:45	M	3 M 60-64	M 60 to 64	
142	Ashley	Speight	684	46:26	47:24	M	53 M 1-39	M Senior	

Wymondham New Years Day 10K

2018

143	william	tuson	736	46:27	46:40	M	28 M 40-44	M 40 to 44	Bishops Stortford RC
144	Helen	Boyd	90	46:29	46:55	F	9 F 1-39	F Senior	
145	Philip	Nicholson	520	46:32	48:03	M	29 M 40-44	M 40 to 44	
146	Steven	Owen	537	46:32	47:07	M	4 M 60-64	M 60 to 64	
147	Guy	Shearwood	644	46:33	48:00	M	3 M 55-59	M 55 to 59	Norwich Road Runners
148	Steven	Baldwin	32	46:35	47:25	M	54 M 1-39	M Senior	
149	Richard	Crossland	191	46:35	46:57	M	14 M 50-54	M 50 to 54	Bungay Black Dog RC
150	Joanne	Walmsley	751	46:42	47:41	F	2 F 50-54	F 50 to 54	
151	Kathryn	head	313	46:42	46:57	F	10 F 1-39	F Senior	North Norfolk Beach Runners
152	James	Nice	515	46:49	47:11	M	15 M 50-54	M 50 to 54	Dereham Runners & AC
153	glyn	manton	459	46:54	47:27	M	21 M 45-49	M 45 to 49	Norwich Road Runners
154	Jodie	Causer	140	46:57	48:28	F	11 F 1-39	F Senior	Norwich Road Runners
155	Robin	Belsom	56	47:00	47:37	M	4 M 55-59	M 55 to 59	Ipswich Jaffa RC
156	Liam	Swift	716	47:02	48:57	M	30 M 40-44	M 40 to 44	
157	RUTH	GAUNT	268	47:05	47:30	F	3 F 50-54	F 50 to 54	Norwich Road Runners
158	Simon	Sparkes	681	47:06	47:28	M	22 M 45-49	M 45 to 49	Bungay Black Dog RC
159	Richard	Dye	225	47:07	47:32	M	5 M 55-59	M 55 to 59	Bungay Black Dog RC
160	Natalie	King	406	47:07	48:32	F	6 F 40-44	F 40 to 44	Thetford AC
161	Clive	Steward	697	47:07	49:03	M	6 M 55-59	M 55 to 59	
162	Warren	Newell	511	47:12	47:20	M	7 M 55-59	M 55 to 59	
163	Sam	Weller	765	47:14	48:07	M	1 M 65-99	M 65+	North Norfolk Beach Runners
164	Darren	Anema	13	47:17	47:44	M	23 M 45-49	M 45 to 49	
165	Nick	Poole	569	47:18	47:47	M	5 M 60-64	M 60 to 64	
166	Jason	Black	72	47:20	47:42	M	24 M 45-49	M 45 to 49	
167	Emily	Smith	665	47:31	48:09	F	7 F 40-44	F 40 to 44	Tri-Anglia Triathlon Club
168	Melissa	Baker	26	47:32	49:03	F	12 F 1-39	F Senior	Norwich Road Runners
169	Scott	Bringloe	105	47:35	48:22	M	16 M 50-54	M 50 to 54	
170	James	Grantham	818	47:36	47:52	M	17 M 50-54	M 50 to 54	Harling Athletic Club
171	Tim	Suswain	708	47:37	48:12	M	55 M 1-39	M Senior	
172	Kerry	Lymbery	450	47:40	49:57	F	13 F 1-39	F Senior	
173	Damian	Ashcroft	15	47:41	48:04	M	18 M 50-54	M 50 to 54	Bungay Black Dog RC
174	Anthony	Howard	341	47:43	48:01	M	56 M 1-39	M Senior	
175	Peter	Keogh	404	47:44	48:17	M	57 M 1-39	M Senior	Norwich Road Runners
176	Robert	McPherson	477	47:47	48:32	M	8 M 55-59	M 55 to 59	
177	Emma	Potter-Campbell	574	47:48	48:53	F	4 F 45-49	F 45 to 49	Dereham Runners & AC
178	Lloyd	Nicholls	518	47:53	49:57	M	58 M 1-39	M Senior	
179	Joseph	Riley	600	48:03	49:21	M	59 M 1-39	M Senior	
180	Chris	Nixon	522	48:05	49:50	M	60 M 1-39	M Senior	
181	Mark	Nixon	521	48:12	49:57	M	25 M 45-49	M 45 to 49	
182	Kieron	Mcfarlane	474	48:20	48:43	M	61 M 1-39	M Senior	Norwich Road Runners
183	Gareth	Thompson	725	48:20	49:19	M	62 M 1-39	M Senior	
184	Mik	Carr	134	48:20	48:33	M	6 M 60-64	M 60 to 64	Bungay Black Dog RC
185	Wayne	Munns	503	48:21	48:58	M	63 M 1-39	M Senior	
186	Richard	Hill	327	48:22	49:16	M	26 M 45-49	M 45 to 49	
187	Keith	Brighty	102	48:26	49:10	M	19 M 50-54	M 50 to 54	Norwich Road Runners
188	Steve	Hutchinson	359	48:28	49:37	M	20 M 50-54	M 50 to 54	
189	Jo	Phillips	557	48:28	49:05	F	8 F 40-44	F 40 to 44	
190	ROLAND	SHAW	642	48:29	48:54	M	7 M 60-64	M 60 to 64	Bungay Black Dog RC
191	Carol	Betts	61	48:33	49:03	F	2 F 60-64	F 60 to 64	Norfolk Gazelles AC
192	Nicola	Drew	220	48:34	50:56	F	14 F 1-39	F Senior	
193	Fergus	Stirling	698	48:41	49:21	M	9 M 55-59	M 55 to 59	
194	Derek	Sadler	624	48:42	50:07	M	8 M 60-64	M 60 to 64	North Norfolk Beach Runners
195	Shane	Bidle	64	48:45	48:57	M	64 M 1-39	M Senior	Coltishall Jaguars RC
196	Matthew	Downing	215	48:49	49:12	M	65 M 1-39	M Senior	
197	Tim	Rowe	619	48:51	50:02	M	27 M 45-49	M 45 to 49	
198	Michael	Sudds	706	48:55	49:27	M	31 M 40-44	M 40 to 44	
199	Ker	Macrosson	454	48:56	49:14	M	9 M 60-64	M 60 to 64	Stowmarket Striders RC
200	Neil	Dennis	205	48:58	49:56	M	66 M 1-39	M Senior	Stowmarket Striders RC
201	Nigel	Hodge	329	49:06	49:56	M	28 M 45-49	M 45 to 49	City Of Norwich AC
202	Laura	Smitherman	673	49:07	49:25	F	15 F 1-39	F Senior	Norfolk Gazelles AC
203	Michael	Barrett	41	49:11	49:46	M	10 M 60-64	M 60 to 64	Dereham Runners & AC
204	Mark	Skinner	655	49:14	50:00	M	32 M 40-44	M 40 to 44	
205	Emma	Meiring	481	49:19	49:42	F	5 F 45-49	F 45 to 49	Bungay Black Dog RC
206	Martin	Neave	507	49:19	49:34	M	2 M 65-99	M 65+	
207	Philippa	Rudd	620	49:24	49:56	F	4 F 50-54	F 50 to 54	Norwich Road Runners
208	Daniel	Frappell	260	49:29	51:29	M	67 M 1-39	M Senior	
209	Paul	Robbins	607	49:29	50:36	M	29 M 45-49	M 45 to 49	Norwich Road Runners
210	Paul	Cline	158	49:34	51:14	M	68 M 1-39	M Senior	Ipswich Jaffa RC
211	Ben	Kendall	400	49:35	50:39	M	69 M 1-39	M Senior	
212	Sarah	Bird	68	49:35	50:07	F	16 F 1-39	F Senior	Bure Valley Harriers
213	Sarah	Crockett	189	49:35	51:23	F	17 F 1-39	F Senior	
214	Craig	Skipper	656	49:35	50:34	M	33 M 40-44	M 40 to 44	

Wymondham New Years Day 10K

2018

215	Lee	Oxbury	538	49:36	51:15	M	21 M 50-54	M 50 to 54	Norfolk Gazelles AC
216	Scott	Chadwick	142	49:38	51:03	M	34 M 40-44	M 40 to 44	Coltishall Jaguars RC
217	may	wong	792	49:42	51:51	F	9 F 40-44	F 40 to 44	
218	Chris	Baldwin	31	49:47	51:08	M	35 M 40-44	M 40 to 44	Norwich Road Runners
219	Marianne	Armstrong	14	49:49	50:27	F	18 F 1-39	F Senior	Norwich Road Runners
220	Carly	Jermy	377	49:53	52:04	F	19 F 1-39	F Senior	City Of Norwich AC
221	Shaun	Wilkinson	783	49:59	50:38	M	70 M 1-39	M Senior	
222	Rob	Lines	441	50:02	50:31	M	30 M 45-49	M 45 to 49	Tri-Anglia Triathlon Club
223	Kelly	Simmonds	649	50:03	51:14	F	20 F 1-39	F Senior	
224	Iain	Dawson	200	50:05	50:31	M	36 M 40-44	M 40 to 44	Tri-Anglia Triathlon Club
225	Peter	Grant	283	50:14	50:48	M	10 M 55-59	M 55 to 59	
226	STEPHEN	WARNCKEN	755	50:15	50:51	M	11 M 55-59	M 55 to 59	
227	Lisa	Greengrass	290	50:17	50:51	F	21 F 1-39	F Senior	
228	Jo	Walker	749	50:20	50:49	F	10 F 40-44	F 40 to 44	Bungay Black Dog RC
229	Sarah	Maidment	455	50:21	50:50	F	11 F 40-44	F 40 to 44	Bungay Black Dog RC
230	Richard	Hollingsworth	332	50:22	51:18	M	12 M 55-59	M 55 to 59	
231	John	Miller	489	50:23	50:51	M	13 M 55-59	M 55 to 59	Norwich Road Runners
232	Gordon	Maw	469	50:24	50:52	M	31 M 45-49	M 45 to 49	Norwich Road Runners
233	Darren	Collison	170	50:27	52:18	M	32 M 45-49	M 45 to 49	
234	Philip	Wilton	788	50:30	51:01	M	22 M 50-54	M 50 to 54	Tri-Anglia Triathlon Club
235	Lisa	Bolton	815	50:32	52:46	F	22 F 1-39	F Senior	
236	Karl	Peebles	552	50:32	52:09	M	71 M 1-39	M Senior	City Of Norwich AC
237	Christopher	Gay	270	50:34	52:08	M	23 M 50-54	M 50 to 54	Great Yarmouth & District AC
238	Jason	Sparkes	680	50:38	51:20	M	72 M 1-39	M Senior	
239	Rachel	Woodier	799	50:40	50:57	F	6 F 45-49	F 45 to 49	
240	Alison	Riches	598	50:41	50:56	F	12 F 40-44	F 40 to 44	
241	Paul	Richardson	596	50:41	51:12	M	11 M 60-64	M 60 to 64	Dereham Runners & AC
242	Rob	Clark	152	50:46	51:22	M	24 M 50-54	M 50 to 54	
243	Malcolm	Jones	387	50:46	51:42	M	14 M 55-59	M 55 to 59	
244	Susan	Nolan	524	50:47	51:35	F	5 F 50-54	F 50 to 54	
245	stephen	moseley	834	50:47	50:47	M	25 M 50-54	M 50 to 54	Norwich Road Runners
246	Stuart	Harper	303	50:49	51:28	M	37 M 40-44	M 40 to 44	
247	Juliette	Bringloe	104	50:51	51:39	F	13 F 40-44	F 40 to 44	Norwich Road Runners
248	Sophie	Kendall	399	50:55	51:57	F	23 F 1-39	F Senior	
249	Michael	Jackson	368	50:59	51:58	M	15 M 55-59	M 55 to 59	
250	Jacquie	Duffield	221	51:01	51:28	F	14 F 40-44	F 40 to 44	Great Yarmouth Road Runners
251	Myles	Duffield	222	51:02	51:28	M	38 M 40-44	M 40 to 44	Great Yarmouth Road Runners
252	Sarah	Burbidge	113	51:03	53:13	F	6 F 50-54	F 50 to 54	
253	Chris	Groves	292	51:05	51:57	M	3 M 65-99	M 65+	Tri-Anglia Triathlon Club
254	Claire	Wheatman	769	51:09	53:11	F	24 F 1-39	F Senior	
255	Anna	Coulborn	184	51:10	51:37	F	1 F 55-59	F 55 to 59	Great Yarmouth Road Runners
256	Catherine	Belsom	55	51:13	51:51	F	7 F 45-49	F 45 to 49	Stowmarket Striders RC
257	Mark	Stone	702	51:15	52:07	M	33 M 45-49	M 45 to 49	Great Yarmouth Road Runners
258	Emma	Waterworth	761	51:15	52:04	F	25 F 1-39	F Senior	
259	Paul	Youngman	813	51:21	53:37	M	39 M 40-44	M 40 to 44	Tri-Anglia Triathlon Club
260	Simon	Carnell	132	51:22	52:43	M	26 M 50-54	M 50 to 54	Norwich Road Runners
261	David	Luton	449	51:24	51:42	M	73 M 1-39	M Senior	
262	Adam	Beckett	50	51:30	53:04	M	34 M 45-49	M 45 to 49	
263	Kim	Blazer	79	51:30	53:17	F	8 F 45-49	F 45 to 49	Norwich Road Runners
264	MICHAEL	PERSICH	555	51:34	51:46	M	12 M 60-64	M 60 to 64	
265	Mike	Jolly	382	51:37	52:48	M	35 M 45-49	M 45 to 49	
266	Nicola	Mellor	482	51:40	52:48	F	26 F 1-39	F Senior	
267	Christine	Ashton	16	51:41	52:01	F	15 F 40-44	F 40 to 44	
268	Anneke	Cook	174	51:42	51:59	F	7 F 50-54	F 50 to 54	Wymondham AC
269	Laura	Noakes	821	51:43	53:25	F	27 F 1-39	F Senior	
270	Janine	Salter	625	51:45	52:47	F	16 F 40-44	F 40 to 44	
271	Andy	Palmer	540	51:48	53:58	M	27 M 50-54	M 50 to 54	Norwich Road Runners
272	Colin	Chamberlain	144	51:56	53:22	M	28 M 50-54	M 50 to 54	
273	Diane	Pamplin	541	51:58	52:15	F	1 F 65-99	F 65+	
274	Claire	Owen	536	52:01	52:45	F	17 F 40-44	F 40 to 44	Coltishall Jaguars RC
275	clement	rouillard	618	52:01	53:23	M	74 M 1-39	M Senior	
276	Georgina	Sexton	639	52:02	53:25	F	28 F 1-39	F Senior	
277	Natalie	Cant	129	52:08	52:36	F	29 F 1-39	F Senior	Norwich Road Runners
278	James	Jenkinson	374	52:19	53:28	M	36 M 45-49	M 45 to 49	
279	Graham	Bainger	25	52:21	55:10	M	4 M 65-99	M 65+	Norwich Road Runners
280	Chris	Bennett	58	52:24	53:24	M	75 M 1-39	M Senior	
281	Callum	Stirling	699	52:25	53:04	M	76 M 1-39	M Senior	
282	Philip	Websdale	763	52:27	53:32	M	40 M 40-44	M 40 to 44	Dereham Runners & AC
283	Emmalouise	Smith	667	52:28	53:21	F	30 F 1-39	F Senior	Norwich Road Runners
284	Alan	Richardson	595	52:30	53:51	M	5 M 65-99	M 65+	Waveney Valley AC
285	Hayley	Wright	804	52:41	53:11	F	18 F 40-44	F 40 to 44	
286	Michael	Briggs	100	52:49	54:38	M	37 M 45-49	M 45 to 49	

Wymondham New Years Day 10K

2018

287	Sara	Matthews	466	52:49	53:51	F	9 F 45-49	F 45 to 49	
288	Silvia	Ferretti	242	52:49	53:27	F	8 F 50-54	F 50 to 54	
289	Lloyd	Frew	265	52:52	54:05	M	77 M 1-39	M Senior	
290	Daniel	Ryan	623	52:57	54:21	M	78 M 1-39	M Senior	
291	Jonathan	Mulley	501	52:57	55:03	M	29 M 50-54	M 50 to 54	
292	Grant	Wheeler	770	52:58	54:15	M	30 M 50-54	M 50 to 54	
293	Katt	Riley	599	53:04	54:22	F	31 F 1-39	F Senior	
294	Annie	Leung	433	53:05	54:33	F	19 F 40-44	F 40 to 44	Norwich Road Runners
295	Richard	Nolan	525	53:10	53:59	M	31 M 50-54	M 50 to 54	
296	David	Jenkins	373	53:10	54:02	M	16 M 55-59	M 55 to 59	
297	Jackie	Bye	121	53:13	53:57	F	2 F 55-59	F 55 to 59	Coltishall Jaguars RC
298	Gavin	Rixon	604	53:14	54:52	M	41 M 40-44	M 40 to 44	
299	Martin	Jones	386	53:16	54:17	M	79 M 1-39	M Senior	
300	Steven	Wickham	776	53:16	54:56	M	38 M 45-49	M 45 to 49	
301	vicky	day	201	53:17	54:18	F	10 F 45-49	F 45 to 49	Wymondham AC
302	Michael	Clark	153	53:19	54:43	M	80 M 1-39	M Senior	
303	Victoria	Pollington	568	53:20	54:43	F	32 F 1-39	F Senior	
304	Paul	Bradford	93	53:22	54:17	M	42 M 40-44	M 40 to 44	
305	David	Galbraith	267	53:22	54:17	M	81 M 1-39	M Senior	
306	Linzi	Gray	285	53:25	54:35	F	33 F 1-39	F Senior	
307	Julian	Jardine	370	53:28	55:47	M	32 M 50-54	M 50 to 54	
308	Claire	Maskery	464	53:35	54:20	F	34 F 1-39	F Senior	Stowmarket Striders RC
309	Diane	Swanepoel	712	53:37	54:26	F	11 F 45-49	F 45 to 49	
310	Nigel	Bullen	111	53:42	54:14	M	13 M 60-64	M 60 to 64	Norfolk Gazelles AC
311	Nicola	Rands	589	53:43	54:36	F	9 F 50-54	F 50 to 54	
312	Matthew	Parkhouse	547	53:45	54:42	M	82 M 1-39	M Senior	
313	Jonathan	Bevan	63	53:53	55:30	M	33 M 50-54	M 50 to 54	
314	Mike	Ottley	535	53:57	55:00	M	6 M 65-99	M 65+	
315	Nia	Heycocks	320	54:02	54:53	F	35 F 1-39	F Senior	
316	sophie	saunders	631	54:02	54:53	F	36 F 1-39	F Senior	North Norfolk Beach Runners
317	Rachael	Hutchinson	358	54:02	55:11	F	12 F 45-49	F 45 to 49	
318	Karen	Evans	235	54:04	56:11	F	13 F 45-49	F 45 to 49	
319	Lucy	Wright	802	54:05	56:08	F	37 F 1-39	F Senior	
320	Jamie	PALMER	539	54:08	54:49	F	38 F 1-39	F Senior	
321	Nerys	Botwright	86	54:09	56:35	F	20 F 40-44	F 40 to 44	
322	Lucy	Vanhinsbergh	742	54:13	55:40	F	14 F 45-49	F 45 to 49	
323	Kelly	McGill	476	54:14	54:59	F	39 F 1-39	F Senior	Thetford AC
324	Kiara	Hamis	300	54:15	55:44	F	40 F 1-39	F Senior	Norwich Road Runners
325	Sam	Barwick	46	54:16	55:53	F	15 F 45-49	F 45 to 49	Norfolk Gazelles AC
326	Theresa	Colby	163	54:19	55:49	F	21 F 40-44	F 40 to 44	Norwich Road Runners
327	David	Nichols	519	54:25	56:06	M	83 M 1-39	M Senior	
328	MAUREEN	HAMIS	299	54:26	55:57	F	22 F 40-44	F 40 to 44	Norwich Road Runners
329	Marcus	Black	73	54:26	55:01	M	84 M 1-39	M Senior	
330	Colin	Fish	247	54:27	56:31	M	34 M 50-54	M 50 to 54	
331	Stephen	Hill	326	54:27	56:26	M	39 M 45-49	M 45 to 49	
332	Nicola	Hill	323	54:28	56:25	F	23 F 40-44	F 40 to 44	Norwich Road Runners
333	Iain	Hewett	319	54:29	55:21	M	35 M 50-54	M 50 to 54	
334	Hannah	Chapman	146	54:31	56:09	F	41 F 1-39	F Senior	
335	David	Hupton	353	54:32	56:04	M	17 M 55-59	M 55 to 59	Bungay Black Dog RC
336	Craig	Hogg	330	54:34	56:16	M	85 M 1-39	M Senior	
337	Naomi	Stockwell	700	54:37	55:36	F	42 F 1-39	F Senior	
338	Alison	Buck	109	54:37	55:36	F	43 F 1-39	F Senior	
339	Sally	Withey	789	54:38	56:14	F	16 F 45-49	F 45 to 49	City Of Norwich AC
340	Caroline	Brown	106	54:46	56:25	F	10 F 50-54	F 50 to 54	
341	Sarah	Withington	790	54:47	55:41	F	24 F 40-44	F 40 to 44	
342	Mark	Jones	388	54:54	55:40	M	36 M 50-54	M 50 to 54	
343	Gill	Woodhouse	798	54:55	55:58	F	2 F 65-99	F 65+	Dereham Runners & AC
344	John	Pamplin	542	54:56	55:15	M	7 M 65-99	M 65+	
345	Ivan	Lees	431	54:58	57:01	M	14 M 60-64	M 60 to 64	Great Yarmouth Road Runners
346	Tracie	Jones	383	55:07	55:53	F	25 F 40-44	F 40 to 44	
347	Leigh	Carey	130	55:08	57:35	M	43 M 40-44	M 40 to 44	
348	Katie	Whitmore	774	55:08	56:17	F	26 F 40-44	F 40 to 44	Wymondham AC
349	Amy	Derbyshire	206	55:08	55:46	F	27 F 40-44	F 40 to 44	Norfolk Gazelles AC
350	Nathan	Bailey	24	55:09	55:55	M	44 M 40-44	M 40 to 44	Norwich Road Runners
351	Jude	Durrant	224	55:09	56:37	F	17 F 45-49	F 45 to 49	
352	Chris	Hill	325	55:10	56:15	M	45 M 40-44	M 40 to 44	
353	hung	Iai	416	55:10	57:17	M	40 M 45-49	M 45 to 49	
354	Andy	Fleet	251	55:11	57:05	M	41 M 45-49	M 45 to 49	
355	Steve	Boyd	91	55:13	55:52	M	42 M 45-49	M 45 to 49	
356	Keith	Spanswick	678	55:13	56:30	M	37 M 50-54	M 50 to 54	
357	Samantha	Stedman-Jones	693	55:16	56:28	F	11 F 50-54	F 50 to 54	Bungay Black Dog RC
358	Liz	Clues	159	55:18	57:06	F	18 F 45-49	F 45 to 49	Tri-Anglia Triathlon Club

Wymondham New Years Day 10K

2018

359	Sue	Kelley-Holmes	396	55:20	56:08	F	3 F 60-64	F 60 to 64	
360	Roy	Emmerson	232	55:23	56:39	M	46 M 40-44	M 40 to 44	
361	Allyson	Phillips	556	55:25	57:23	F	44 F 1-39	F Senior	
362	Caroline	Pocock	567	55:29	56:38	F	45 F 1-39	F Senior	
363	Lauren	Baker	27	55:37	56:18	F	46 F 1-39	F Senior	
364	Robert	Jones	391	55:39	57:22	M	47 M 40-44	M 40 to 44	
365	Anna	Thorpe	727	55:40	57:41	F	47 F 1-39	F Senior	Norwich Road Runners
366	Emma-Louise	Fern	241	55:44	57:10	F	19 F 45-49	F 45 to 49	
367	Anna	Daniels	197	55:46	58:00	F	48 F 1-39	F Senior	
368	Lianne	Bradford	92	55:46	56:40	F	28 F 40-44	F 40 to 44	
369	Ruth	Gainsford	266	55:47	56:32	F	12 F 50-54	F 50 to 54	Coltishall Jaguars RC
370	Karen	Gedge	272	55:47	57:03	F	13 F 50-54	F 50 to 54	Bungay Black Dog RC
371	Sally	Hart	305	55:48	58:00	F	29 F 40-44	F 40 to 44	
372	Matthew	Burrell	116	55:49	57:09	M	86 M 1-39	M Senior	
373	Lu	Zhou	814	56:00	56:57	F	20 F 45-49	F 45 to 49	
374	Alison	Bailey	22	56:03	57:41	F	49 F 1-39	F Senior	Longdale striders
375	Lynda	Howard	338	56:06	57:41	F	21 F 45-49	F 45 to 49	
376	Kirsty	Frary	262	56:07	56:46	F	30 F 40-44	F 40 to 44	
377	Hayley	Clarke	154	56:10	56:30	F	50 F 1-39	F Senior	
378	Christopher	Sinderby	653	56:12	56:49	M	87 M 1-39	M Senior	
379	Sarah	Pitt	564	56:13	56:43	F	51 F 1-39	F Senior	
380	DEBBIE	SMITH	664	56:14	58:15	F	14 F 50-54	F 50 to 54	Harlow RC
381	Dean	Gray	287	56:14	58:27	M	18 M 55-59	M 55 to 59	Norwich Road Runners
382	Nicola	Fortescue	825	56:18	58:17	F	22 F 45-49	F 45 to 49	Tri-Anglia Triathlon Club
383	Kathryn	Jervis	379	56:19	57:28	F	52 F 1-39	F Senior	Norwich Road Runners
384	Thomas	Swan	711	56:25	58:57	M	88 M 1-39	M Senior	
385	Hetal	Murphy	504	56:26	58:15	F	53 F 1-39	F Senior	
386	Simon	Ludkin	446	56:29	57:56	M	43 M 45-49	M 45 to 49	
387	Wendy	Smith	662	56:34	58:04	F	3 F 55-59	F 55 to 59	Norwich Road Runners
388	Jonathan	Newell	512	56:34	57:31	M	38 M 50-54	M 50 to 54	Saint Edmund Pacers
389	Joshua	Pilbrow	560	56:35	57:35	M	89 M 1-39	M Senior	
390	Ruth	Double	213	56:38	58:18	F	31 F 40-44	F 40 to 44	Norfolk Gazelles AC
391	Sarah	Pearson	551	56:43	58:24	F	54 F 1-39	F Senior	
392	Sharon	Potter	572	56:43	57:35	F	15 F 50-54	F 50 to 54	
393	John	Morgan	499	56:44	57:56	M	39 M 50-54	M 50 to 54	
394	Jackie	Eastaugh-king	227	56:44	57:57	F	4 F 55-59	F 55 to 59	Norwich Road Runners
395	white	iain	362	56:46	57:17	M	8 M 65-99	M 65+	
396	Leah	Sloman	657	56:47	57:56	F	55 F 1-39	F Senior	
397	Stephanie	Evans	236	56:48	57:57	F	56 F 1-39	F Senior	
398	Jacquie	Wood	793	56:50	57:52	F	3 F 65-99	F 65+	Dereham Runners & AC
399	Peter	Roach	605	56:50	57:55	M	9 M 65-99	M 65+	
400	MARTYN	WOODGATE	797	56:55	58:39	M	44 M 45-49	M 45 to 49	Bungay Black Dog RC
401	Martyn	Talor	718	56:59	58:49	M	40 M 50-54	M 50 to 54	
402	Ken	Hurst	357	57:00	58:08	M	10 M 65-99	M 65+	Bungay Black Dog RC
403	Paul	White	771	57:02	58:46	M	45 M 45-49	M 45 to 49	
404	Ben	Plant	565	57:03	58:10	M	90 M 1-39	M Senior	
405	Andrew	Nelson	509	57:07	59:05	M	48 M 40-44	M 40 to 44	
406	Lindsay	Bale	33	57:10	59:37	F	57 F 1-39	F Senior	
407	Louise	Adamson	3	57:13	59:15	F	5 F 55-59	F 55 to 59	Waveney Valley AC
408	KEVIN	AYERS	21	57:14	57:35	M	91 M 1-39	M Senior	
409	Anne	Sinclair	651	57:15	58:43	F	4 F 60-64	F 60 to 64	
410	Mary	Cordeaux	179	57:16	58:52	F	16 F 50-54	F 50 to 54	City Of Norwich AC
411	Rob	Peevar	710	57:18	59:41	M	49 M 40-44	M 40 to 44	
412	Christopher	Lee	429	57:24	59:58	M	92 M 1-39	M Senior	
413	Kayliegh	Talor	717	57:26	59:04	F	58 F 1-39	F Senior	
414	Andi	Osborne	531	57:27	59:44	F	5 F 60-64	F 60 to 64	
415	Victoria	Pullinger	580	57:38	58:52	F	32 F 40-44	F 40 to 44	Bungay Black Dog RC
416	Andrew	Kirk	411	57:40	58:55	M	11 M 65-99	M 65+	
417	Adam	Boardman	81	57:45	1:00:18	M	93 M 1-39	M Senior	
418	Rachael	Huggins	348	57:46	59:47	F	33 F 40-44	F 40 to 44	Norwich Road Runners
419	Andy	Kurton	415	57:47	1:00:15	M	50 M 40-44	M 40 to 44	
420	helen	lewis	435	57:48	58:49	F	23 F 45-49	F 45 to 49	
421	Laura	Bates	47	57:51	58:13	F	59 F 1-39	F Senior	Thunder Runners
422	Adrian	Cole	165	57:57	58:34	M	19 M 55-59	M 55 to 59	Stowmarket Striders RC
423	Graham	Sampson	626	57:58	58:29	M	12 M 65-99	M 65+	Bungay Black Dog RC
424	Elizabeth	Wilbourn	779	58:08	59:23	F	60 F 1-39	F Senior	
425	Mandy	Howe	344	58:18	59:25	F	17 F 50-54	F 50 to 54	
426	Steve	Warman	754	58:19	59:59	M	46 M 45-49	M 45 to 49	Bungay Black Dog RC
427	Sarah	Cage-Brimelow	126	58:19	1:00:08	F	61 F 1-39	F Senior	
428	Alan	Varle	743	58:21	1:00:25	M	13 M 65-99	M 65+	Waveney Valley AC
429	Hannah	Cunningham	193	58:23	59:48	F	62 F 1-39	F Senior	
430	Jacqui	Gray	284	58:26	58:56	F	24 F 45-49	F 45 to 49	Wymondham AC

Wymondham New Years Day 10K

2018

431	Helen	Alefounder	6	58:31	1:00:17	F	34 F 40-44	F 40 to 44	
432	Jane	Hunt	352	58:32	1:00:28	F	18 F 50-54	F 50 to 54	Waveney Valley AC
433	Grayhame	Fish	246	58:32	59:20	M	14 M 65-99	M 65+	Stowmarket Striders RC
434	Michelle	Waters	759	58:35	1:00:12	F	25 F 45-49	F 45 to 49	Norfolk Gazelles AC
435	Lucy	Ring	601	58:36	59:26	F	63 F 1-39	F Senior	Norwich Road Runners
436	Andrew	Bird	70	58:39	59:12	M	20 M 55-59	M 55 to 59	Bure Valley Harriers
437	Emma	Grafton	282	58:39	1:00:49	F	35 F 40-44	F 40 to 44	
438	Tracy	Stevens	1	58:40	1:00:49	F	26 F 45-49	F 45 to 49	Wymondham AC
439	Angela	Bell	54	58:43	1:01:02	F	36 F 40-44	F 40 to 44	Coltishall Jaguars RC
440	Clive	Cartner	136	58:45	1:01:03	M	94 M 1-39	M Senior	Coltishall Jaguars RC
441	Claire	Beckett	49	58:53	1:00:29	F	27 F 45-49	F 45 to 49	
442	Faye	Lipscombe	442	58:56	59:18	F	64 F 1-39	F Senior	
443	Sarah	Heatley	314	58:58	1:00:12	F	37 F 40-44	F 40 to 44	
444	Elise	Mitchell	491	58:58	1:01:22	F	28 F 45-49	F 45 to 49	
445	Elizabeth	Joyce	392	59:06	1:00:20	F	29 F 45-49	F 45 to 49	
446	Patricia	McCarthy	471	59:08	1:00:14	F	30 F 45-49	F 45 to 49	
447	Paul	Marshall	462	59:13	1:01:08	M	41 M 50-54	M 50 to 54	
448	tony	LUDLAM	447	59:14	59:57	M	42 M 50-54	M 50 to 54	Great Yarmouth Road Runners
449	Kerry	Metcalf	484	59:18	1:01:31	F	65 F 1-39	F Senior	Norwich Road Runners
450	Guy	Heseltine	317	59:18	1:00:13	M	47 M 45-49	M 45 to 49	
451	Charlotte	Briggs	97	59:18	1:01:04	F	38 F 40-44	F 40 to 44	
452	Sarah	Sparkes	679	59:26	1:00:42	F	39 F 40-44	F 40 to 44	Bungay Black Dog RC
453	Michael	Franks	258	59:38	1:01:29	M	21 M 55-59	M 55 to 59	
454	Carol	Baker	28	59:39	1:01:15	F	40 F 40-44	F 40 to 44	Norfolk Gazelles AC
455	Natasha	Sumner	707	59:43	1:00:35	F	41 F 40-44	F 40 to 44	North Norfolk Beach Runners
456	Elizabeth	Barnard	36	59:44	1:01:23	F	19 F 50-54	F 50 to 54	Norfolk Gazelles AC
457	Charity	Barnes	38	59:48	1:00:53	F	66 F 1-39	F Senior	
458	Robert	Belcher	53	59:49	1:02:01	M	22 M 55-59	M 55 to 59	Norwich Road Runners
459	Jessica	Fraser	264	59:49	1:01:42	F	67 F 1-39	F Senior	
460	GARRICK	FOX	255	59:53	1:02:13	M	15 M 65-99	M 65+	Bungay Black Dog RC
461	Donna	Dingle	210	59:54	1:02:16	F	68 F 1-39	F Senior	
462	Rachel	Butlin	117	59:56	1:02:18	F	69 F 1-39	F Senior	
463	Alison	Warner	756	1:00:04	1:00:32	F	31 F 45-49	F 45 to 49	
464	Laura	Gibson	274	1:00:06	1:00:35	F	70 F 1-39	F Senior	
465	Jenny	Burfoot	114	1:00:11	1:01:49	F	4 F 65-99	F 65+	Norfolk Gazelles AC
466	kimberley	Spruit	689	1:00:17	1:02:41	F	32 F 45-49	F 45 to 49	
467	Rachael	Hatten	306	1:00:22	1:01:18	F	71 F 1-39	F Senior	Saint Edmund Pacers
468	Jan	Totterdale	730	1:00:24	1:01:23	F	6 F 55-59	F 55 to 59	Dereham Runners & AC
469	Lynne	Johnson	380	1:00:30	1:02:46	F	20 F 50-54	F 50 to 54	
470	Rachael	Cole	164	1:00:31	1:02:38	F	72 F 1-39	F Senior	
471	Yvonne	Doe	211	1:00:34	1:02:09	F	42 F 40-44	F 40 to 44	Stowmarket Striders RC
472	Anne	Fish	245	1:00:34	1:02:10	F	5 F 65-99	F 65+	Stowmarket Striders RC
473	Heidi	Walker	748	1:00:36	1:02:06	F	73 F 1-39	F Senior	
474	Katie	Franks	257	1:00:37	1:02:28	F	74 F 1-39	F Senior	
475	Katharine	Bartram	43	1:00:39	1:02:44	F	33 F 45-49	F 45 to 49	
476	Stuart	Sayer	633	1:00:43	1:02:44	M	23 M 55-59	M 55 to 59	Norwich Road Runners
477	Mark	Nicholls	517	1:00:44	1:03:10	M	24 M 55-59	M 55 to 59	
478	David	Field	244	1:00:49	1:01:46	M	16 M 65-99	M 65+	Norwich Road Runners
479	Christina	Lister	444	1:00:54	1:02:57	F	75 F 1-39	F Senior	
480	Victoria	Leggett	432	1:01:03	1:02:36	F	76 F 1-39	F Senior	
481	Marisa	Forbes	253	1:01:15	1:02:44	F	7 F 55-59	F 55 to 59	
482	Tanya	Cable	123	1:01:18	1:03:04	F	77 F 1-39	F Senior	Norwich Road Runners
483	Emma	Bolam	82	1:01:21	1:03:47	F	78 F 1-39	F Senior	
484	Joseph	Smalls	658	1:01:22	1:03:46	M	95 M 1-39	M Senior	
485	Jayne	Richardson	594	1:01:23	1:03:31	F	8 F 55-59	F 55 to 59	Waveney Valley AC
486	Isabel	Wills	787	1:01:25	1:03:56	F	79 F 1-39	F Senior	Norwich Road Runners
487	rob	Osborne	532	1:01:30	1:03:46	M	25 M 55-59	M 55 to 59	
488	Bernard	Nunn	529	1:01:37	1:02:48	M	26 M 55-59	M 55 to 59	
489	Niki	Kaiser	395	1:01:52	1:03:33	F	43 F 40-44	F 40 to 44	
490	JENNY	JUDGE	394	1:01:55	1:03:41	F	80 F 1-39	F Senior	
491	Gina	Preston	577	1:01:55	1:02:43	F	21 F 50-54	F 50 to 54	Norwich Road Runners
492	linda	storey	703	1:01:57	1:02:44	F	22 F 50-54	F 50 to 54	Norwich Road Runners
493	Brian	Moore	494	1:01:58	1:04:08	M	17 M 65-99	M 65+	Norwich Road Runners
494	Sally	Kelly	397	1:02:01	1:02:48	F	9 F 55-59	F 55 to 59	
495	Sally	Rust-Andrews	622	1:02:14	1:04:00	F	44 F 40-44	F 40 to 44	
496	Rachel	Hirst	328	1:02:19	1:03:36	F	23 F 50-54	F 50 to 54	Bungay Black Dog RC
497	Paul	Barkshire	35	1:02:21	1:03:18	M	27 M 55-59	M 55 to 59	
498	Julie	Buckenham	110	1:02:29	1:03:09	F	81 F 1-39	F Senior	
499	Sarah	Percival	553	1:02:45	1:04:32	F	82 F 1-39	F Senior	
500	Gemma	Wilkinson	782	1:02:48	1:04:12	F	83 F 1-39	F Senior	
501	Tracey	Nobbs	523	1:02:52	1:04:44	F	24 F 50-54	F 50 to 54	
502	lauren	wainwright	747	1:02:54	1:05:08	F	84 F 1-39	F Senior	

Wymondham New Years Day 10K

2018

503	Lucy	Spinks	686	1:02:54	1:05:09	F	85 F 1-39	F Senior	Norwich Road Runners
504	Lou	Boyce	816	1:03:10	1:04:20	F	34 F 45-49	F 45 to 49	
505	Miranda	Taylor	721	1:03:12	1:05:25	F	86 F 1-39	F Senior	
506	Salina	Jones	384	1:03:16	1:05:30	F	87 F 1-39	F Senior	Norwich Road Runners
507	Eva	Osborne	1000	1:03:17	1:05:52	F	6 F 65-99	F 65+	Wymondham AC
508	Sandi	Newman	513	1:03:22	1:04:43	F	25 F 50-54	F 50 to 54	
509	Anna	Sweeting	714	1:03:27	1:04:30	F	88 F 1-39	F Senior	
510	Pippa	Newman	514	1:03:28	1:05:14	F	89 F 1-39	F Senior	Norwich Road Runners
511	David	Marks	460	1:03:32	1:05:06	M	43 M 50-54	M 50 to 54	Norwich Road Runners
512	Libby	Ashton	17	1:03:39	1:04:29	F	90 F 1-39	F Senior	North Norfolk Beach Runners
513	Melita	Willis	785	1:03:41	1:06:10	F	45 F 40-44	F 40 to 44	
514	Louise	Cline	157	1:03:46	1:05:47	F	91 F 1-39	F Senior	
515	Angela	whiting	773	1:03:48	1:04:37	F	10 F 55-59	F 55 to 59	Stowmarket Striders RC
516	Malcolm	Stedman-Jones	694	1:03:48	1:05:01	M	44 M 50-54	M 50 to 54	Bungay Black Dog RC
517	Clare	Suter	709	1:03:48	1:06:17	F	92 F 1-39	F Senior	
518	Jonny	Briggs	99	1:03:52	1:05:39	M	48 M 45-49	M 45 to 49	
519	Lynda	Moore	492	1:03:53	1:06:04	F	6 F 60-64	F 60 to 64	Norwich Road Runners
520	Andrew	North	527	1:03:56	1:06:18	M	96 M 1-39	M Senior	
521	Kirsty	Paradot	543	1:04:00	1:05:33	F	46 F 40-44	F 40 to 44	City Of Norwich AC
522	Lois	Povey	575	1:04:06	1:06:16	F	35 F 45-49	F 45 to 49	
523	Nikki	Collins	169	1:04:10	1:04:50	F	93 F 1-39	F Senior	
524	Hannah	Boyd	89	1:04:11	1:04:51	F	94 F 1-39	F Senior	
525	Jane	Crane	187	1:04:12	1:06:30	F	47 F 40-44	F 40 to 44	
526	Emma	Buxton	120	1:04:12	1:06:31	F	95 F 1-39	F Senior	
527	Emma	Renouf	591	1:04:12	1:06:31	F	48 F 40-44	F 40 to 44	Norwich Road Runners
528	Tessa	Morgan	497	1:04:29	1:06:49	F	26 F 50-54	F 50 to 54	
529	Margaret	McCartney	472	1:04:29	1:06:49	F	11 F 55-59	F 55 to 59	
530	Fiona	Munn	502	1:04:33	1:06:54	F	49 F 40-44	F 40 to 44	
531	Vicky	Mitchell	490	1:05:14	1:07:39	F	50 F 40-44	F 40 to 44	
532	Janine	Daynes	202	1:05:29	1:06:41	F	36 F 45-49	F 45 to 49	
533	Alan	Smith	671	1:05:29	1:06:41	M	28 M 55-59	M 55 to 59	
534	Janette	Franks	256	1:05:29	1:07:21	F	12 F 55-59	F 55 to 59	
535	Graeme	Hall	297	1:05:30	1:06:32	M	51 M 40-44	M 40 to 44	
536	Angie	Cator	138	1:05:37	1:08:09	F	37 F 45-49	F 45 to 49	
537	Scott	Cator	139	1:05:37	1:08:09	M	49 M 45-49	M 45 to 49	
538	Vikki	Brownsell	107	1:05:55	1:07:15	F	51 F 40-44	F 40 to 44	Great Yarmouth Road Runners
539	Dennis	Wells	766	1:06:01	1:07:08	M	18 M 65-99	M 65+	Norfolk Gazelles AC
540	Douglas	Gladwin	276	1:06:04	1:07:23	M	29 M 55-59	M 55 to 59	Bungay Black Dog RC
541	Stewart	Ingram	363	1:06:08	1:08:24	M	19 M 65-99	M 65+	Tri-Anglia Triathlon Club
542	Sarolta Helen	Bland	78	1:06:23	1:11:56	F	52 F 40-44	F 40 to 44	
543	John	Robinson	614	1:06:33	1:08:05	M	50 M 45-49	M 45 to 49	Norwich Road Runners
544	Leigh	taylor	720	1:06:45	1:07:39	M	51 M 45-49	M 45 to 49	Great Yarmouth Road Runners
545	Amelia	Horne	334	1:06:45	1:08:49	F	96 F 1-39	F Senior	
546	Kathryn	Horne	333	1:06:45	1:08:49	F	27 F 50-54	F 50 to 54	
547	Joanna	Frappell	259	1:06:47	1:08:55	F	97 F 1-39	F Senior	Wymondham AC
548	Sarah	Blackstone	74	1:06:47	1:08:44	F	98 F 1-39	F Senior	
549	Luke	Audus	19	1:06:49	1:08:58	M	97 M 1-39	M Senior	
550	Fi	Tyas	737	1:06:59	1:09:04	F	99 F 1-39	F Senior	
551	Caroline	Williams	784	1:07:00	1:09:05	F	53 F 40-44	F 40 to 44	
552	Amy	Shawcross	643	1:07:03	1:09:32	F	100 F 1-39	F Senior	
553	Paul	Corder	181	1:07:07	1:08:40	M	30 M 55-59	M 55 to 59	Norwich Road Runners
554	Harpreet	Thandi	722	1:07:15	1:08:58	F	101 F 1-39	F Senior	Bungay Black Dog RC
555	Emma	Adcock	4	1:07:16	1:09:08	F	54 F 40-44	F 40 to 44	Dereham Runners & AC
556	Linda	Goram	281	1:07:51	1:10:12	F	55 F 40-44	F 40 to 44	
557	Joanne	Mason	465	1:07:54	1:09:23	F	38 F 45-49	F 45 to 49	
558	Karen	Glenister	278	1:07:58	1:09:59	F	56 F 40-44	F 40 to 44	
559	Steve	Jackson	367	1:08:03	1:08:37	M	52 M 40-44	M 40 to 44	
560	Alice	Kirk	409	1:08:13	1:09:28	F	102 F 1-39	F Senior	Bungay Black Dog RC
561	Eleanor	Jarvis	372	1:08:13	1:09:35	F	103 F 1-39	F Senior	
562	Ian	Jarvis	371	1:08:15	1:09:35	M	45 M 50-54	M 50 to 54	
563	Pat	Brightman	101	1:08:23	1:10:36	F	7 F 65-99	F 65+	Great Yarmouth & District AC
564	Jo	Sedgley	637	1:08:24	1:09:38	F	57 F 40-44	F 40 to 44	
565	Sarah	Koster	414	1:08:24	1:09:30	F	39 F 45-49	F 45 to 49	
566	jayne	cook	172	1:08:26	1:09:55	F	28 F 50-54	F 50 to 54	
567	Ann	Greenizan	291	1:08:39	1:10:12	F	8 F 65-99	F 65+	
568	Eilish	Harding	835	1:08:54	1:08:54	F	104 F 1-39	F Senior	
569	Mark	Mcwilliam	478	1:09:07	1:11:40	M	52 M 45-49	M 45 to 49	
570	Jenny	Plumb	566	1:09:14	1:10:25	F	13 F 55-59	F 55 to 59	
571	Roly	Cook	175	1:09:26	1:11:57	M	31 M 55-59	M 55 to 59	Norwich Road Runners
572	Helen	Fiske	248	1:09:27	1:11:56	F	40 F 45-49	F 45 to 49	Norwich Road Runners
573	Dawn	Cook	173	1:09:27	1:11:56	F	29 F 50-54	F 50 to 54	Norwich Road Runners
574	Claire	Smith	660	1:09:28	1:11:56	F	41 F 45-49	F 45 to 49	Norwich Road Runners

Wymondham New Years Day 10K

2018

575	Katherine	Cooper	176	1:09:28	1:10:33	F	105 F 1-39	F Senior	
576	Amy	Turner	735	1:09:29	1:11:19	F	106 F 1-39	F Senior	
577	Louise	Wicks	778	1:09:31	1:10:35	F	107 F 1-39	F Senior	
578	Elaine	Haggarty	296	1:09:43	1:11:16	F	7 F 60-64	F 60 to 64	Great Yarmouth & District AC
579	Deb	Carter	135	1:09:54	1:12:15	F	30 F 50-54	F 50 to 54	Tri-Anglia Triathlon Club
580	Karen	Bircham	66	1:09:56	1:12:24	F	108 F 1-39	F Senior	
581	Melanie	Hambidge	298	1:10:05	1:11:28	F	42 F 45-49	F 45 to 49	
582	David	Fairman	239	1:10:07	1:12:06	M	53 M 45-49	M 45 to 49	
583	Martin	Lewis	436	1:10:18	1:12:16	M	53 M 40-44	M 40 to 44	
584	Sally	Cazier	141	1:10:44	1:12:22	F	31 F 50-54	F 50 to 54	Norfolk Gazelles AC
585	Trevor	Groves	293	1:10:51	1:12:57	M	32 M 55-59	M 55 to 59	
586	Dave	Sanders	628	1:10:55	1:12:28	M	33 M 55-59	M 55 to 59	
587	Jennifer	Chamberlain	143	1:10:56	1:12:28	F	43 F 45-49	F 45 to 49	
588	Kim	Bennett	57	1:10:56	1:13:10	F	109 F 1-39	F Senior	Norwich Road Runners
589	Claire	Scott	635	1:11:01	1:13:16	F	44 F 45-49	F 45 to 49	
590	Gemma	Brinded	103	1:11:04	1:13:35	F	110 F 1-39	F Senior	
591	Shane	Baker	29	1:11:05	1:13:36	M	98 M 1-39	M Senior	
592	Alexandra	Rogers	615	1:11:13	1:13:43	F	111 F 1-39	F Senior	
593	Mark	Pitcher	563	1:11:15	1:13:09	M	54 M 40-44	M 40 to 44	
594	Stephen	Kirk	410	1:11:15	1:13:08	M	55 M 40-44	M 40 to 44	
595	Kirsten	Kirk	408	1:11:18	1:13:15	F	45 F 45-49	F 45 to 49	
596	Joanne	Pitcher	562	1:11:18	1:13:15	F	58 F 40-44	F 40 to 44	
597	Rebecca	Wicks	777	1:11:27	1:12:30	F	112 F 1-39	F Senior	
598	Martyn	Dunsdon	223	1:11:38	1:13:12	M	56 M 40-44	M 40 to 44	
599	Emma	Cadley	124	1:11:41	1:13:17	F	113 F 1-39	F Senior	
600	Sharon	Try	734	1:11:49	1:13:44	F	114 F 1-39	F Senior	
601	Nicola	King	407	1:11:50	1:13:44	F	59 F 40-44	F 40 to 44	
602	Char	Green	289	1:11:56	1:13:49	F	115 F 1-39	F Senior	
603	Vanja	Briggs	98	1:12:03	1:14:03	F	46 F 45-49	F 45 to 49	
604	Simon	Edye	230	1:12:19	1:14:31	M	20 M 65-99	M 65+	
605	Wendy	Johnstone	381	1:12:42	1:14:03	F	116 F 1-39	F Senior	
606	Emma	Liffen	437	1:12:43	1:14:03	F	117 F 1-39	F Senior	
607	Rachel	Allen	8	1:12:46	1:14:06	F	118 F 1-39	F Senior	Bungay Black Dog RC
608	Maureen	England	234	1:12:55	1:14:46	F	9 F 65-99	F 65+	Great Yarmouth & District AC
609	Amy	Wright	803	1:13:00	1:14:19	F	119 F 1-39	F Senior	
610	Sarah	Hurren	355	1:13:04	1:15:21	F	32 F 50-54	F 50 to 54	
611	Emma	Youngman	812	1:13:24	1:15:46	F	60 F 40-44	F 40 to 44	Bungay Black Dog RC
612	Louise	Goldsmith	280	1:13:42	1:15:08	F	61 F 40-44	F 40 to 44	
613	Janet	Thomson	726	1:13:42	1:15:08	F	14 F 55-59	F 55 to 59	
614	Michelle	Stolworthy	701	1:14:24	1:16:43	F	47 F 45-49	F 45 to 49	
615	Rosemary	Matthewson	467	1:14:28	1:16:51	F	33 F 50-54	F 50 to 54	
616	Tony	Ward	752	1:14:36	1:16:35	M	54 M 45-49	M 45 to 49	
617	Suz	Fleet	250	1:14:39	1:16:35	F	120 F 1-39	F Senior	
618	Colin	Downton	217	1:14:41	1:16:41	M	99 M 1-39	M Senior	
619	Penny	Pullinger	581	1:15:21	1:17:09	F	15 F 55-59	F 55 to 59	Bungay Black Dog RC
620	Clarice	Campbell	128	1:15:22	1:17:13	F	62 F 40-44	F 40 to 44	
621	Hayley	Smith	659	1:15:50	1:17:20	F	121 F 1-39	F Senior	
622	Lucy	Meadows	479	1:16:11	1:17:55	F	122 F 1-39	F Senior	
623	Jennie	Craig	185	1:16:17	1:18:02	F	63 F 40-44	F 40 to 44	Bungay Black Dog RC
624	Toby	Craig	186	1:16:18	1:18:02	M	55 M 45-49	M 45 to 49	Bungay Black Dog RC
625	Sheila	Nicholls	516	1:16:53	1:19:19	F	16 F 55-59	F 55 to 59	
626	Arneshia	Roberts	608	1:16:58	1:19:21	F	123 F 1-39	F Senior	
627	Lynn	Henry	315	1:17:10	1:19:36	F	48 F 45-49	F 45 to 49	
628	Carolyn	Anderson	10	1:17:11	1:19:36	F	34 F 50-54	F 50 to 54	
629	Sarah	Smith	666	1:18:48	1:21:16	F	64 F 40-44	F 40 to 44	
630	Carolyn	Robinson	613	1:20:34	1:23:04	F	17 F 55-59	F 55 to 59	
631	Candice	Sears	636	1:21:07	1:23:35	F	124 F 1-39	F Senior	
632	Drew	Woodier	800	1:21:47	1:24:20	M	56 M 45-49	M 45 to 49	
633	Charles	Fenech	240	1:22:24	1:23:25	M	21 M 65-99	M 65+	
634	Sue	Humphreys	349	1:23:56	1:25:51	F	35 F 50-54	F 50 to 54	Norfolk Harriers RC
635	Naomi	Campbell	127	1:24:22	1:25:46	F	125 F 1-39	F Senior	
636	Anne	Miller	488	1:25:59	1:28:10	F	49 F 45-49	F 45 to 49	