

Athletics Norfolk Road Race Fixture List 2018 - v1 plus WAC events

January	1	New Year's Day 10k		www.wymondhamac.org.uk
	20	WAC parkrun of the month Sheringham		
	28	Freethorpe Ten	SGP	www.gydac.co.uk
	31	Athletics Norfolk Road Running Committee meeting & AGM		www.athleticsnorfolk.org.uk
February	18	Valentine 10k	SGP	www.norfolkgazelles.co.uk
	24	WAC parkrun of the month Brundall		
March	4	Inter-Counties 20m - Rochford, Essex - Norfolk teams by selection only		www.essexroadrunning.org.uk
	4	Broadland Half Marathon		www.norwichroadrunners.com
	17	WAC Awards Evening Maid's Head		
	18	Mad March Hare 10k		www.coltishalljaguars.co.uk
	24	WAC parkrun of the month Colney Lane incl Mob Match v Norfolk Gazelles		
	25	Wymondham 20m	SGP	www.wymondhamac.org.uk
April	8	Diss Duathlon		www.tri-anglia.co.uk
	8	Nelson Knee-Knobbler 1		http://www.dunerunner.co.uk/
	15	City of Norwich Half Marathon	CC	www.cityofnorwichhalfmarathon.com
	21	WAC parkrun of the month Catton		
	22	London Marathon		www.virginlondonmarathon.com
	25	Great Yarmouth 5m Series - race 1		www.gyrr.co.uk
May	6	Grand East Anglia Run		www.grandeastangliarun.co.uk
	7	Breckland 10k		www.thetford-ac.co.uk
	9	Great Yarmouth 5m Series - race 2		www.gyrr.co.uk
	13	Dereham 10m	CC & SGP	www.derehamrunners.co.uk
	13	Waveney Spring Triathlon		www.tri-anglia.co.uk
	16	Wroxham 5k Series - race 1		www.norwichroadrunners.com
	19	WAC parkrun of the month Lowestoft		
	20	Chase the Train		www.nnbr.co.uk
	21	WAC Annual General Meeting		
	23	Great Yarmouth 5m Series - race 3	SGP	www.gyrr.co.uk
	28	Ed Burton Time Trial #1		
June	3	Alex Moore Relay		www.norfolkgazelles.co.uk
	6	Athletics Norfolk Road Running Committee meeting		www.athleticsnorfolk.org.uk
	10	Mike Groves 10k		www.coltishalljaguars.co.uk
	13	Wroxham 5k Series - race 2	CC	www.norwichroadrunners.com
	16	WAC parkrun of the month Blickling		
	16	Norwich Junior Triathlon		www.tri-anglia.co.uk
	24	Humpty Dumpty 10k	CC & SGP	www.gydac.co.uk
	25	CANCELLED Ed Burton Time Trial #2		
July	1	Harling 10k		www.ehssc.org.uk/
	2	Ed Burton Time Trial #2	SGP	
	4	Wroxham 5k Series - race 3		www.norwichroadrunners.com
	7	Lord Mayor's 5k City Centre Classic		www.conac.org.uk
	8	Norwich Triathlon		www.tri-anglia.co.uk
	22	Nelson Knee-Knobbler 2		http://www.dunerunner.co.uk/
	27	Worstead 5m	SGP	www.nnbr.co.uk
	28	WAC parkrun of the month Mulbarton		
	30	Ed Burton Time Trial #3		
August	5	Run Norwich 10k		www.runnorwich.co.uk
	8	Coltishall 5k		www.coltishalljaguars.co.uk
	12	Great Yarmouth Half Marathon	SGP	www.gyrr.co.uk
	19	Dereham 5k	SGP	www.derehamrunners.co.uk
	25	WAC parkrun of the month Gorleston		
	30	WAC Annual BBQ		
September	2	Wissey Half Marathon		www.rystonrunners.org.uk
	2	Waveney Autumn Triathlon		www.tri-anglia.co.uk
	15 & 16	Round Norfolk Relay		www.roundnorfolkrelay.com
	22	WAC parkrun of the month Fritton		
	23	Jolly Jaguars 10k		www.coltishalljaguars.co.uk
	30	Bure Valley 10m		www.burevalleyharriers.com
October	7	Marriott's Way 10k		www.broadland.gov.uk
	10	Athletics Norfolk Road Running Committee meeting		www.athleticsnorfolk.org.uk
	14	East Coast 10k		www.gyrr.co.uk
	20	WAC parkrun of the month Colney Lane		
	21	Holt 10k	SGP	www.nnbr.co.uk
	28	Trowse 10k		www.conac.org.uk
November	16	Sportlink Grand Prix Series Presentation - Night of Celebrations		
	24	WAC parkrun of the month Brandon		
	25	Rag-it-Round Repps		http://www.dunerunner.co.uk/
December	9	Buxton 5k Fun Run		www.norfolkgazelles.co.uk
	22	WAC parkrun of the month TBC		

CC = Norfolk County Championship race
SGP = Sportlink Grand Prix Series event