



New Year's Day 10k 2020

Terms and Conditions

1. The race will be run under UKA rules and you agree to abide by these as required.
2. Entrants for this event are aged 15 or over on race day.
3. Race numbers are not to be sold or transferred to another person. Any runner who wears another person's race number will be disqualified.
4. We reserve the right to refuse or cancel applications from the race.
5. Once you have paid for your place there can be no refund if you are subsequently unable to take part in this race for whatever reason. Similarly, you may not defer your place to a subsequent year.
6. We have rarely had to cancel due to severe weather. Cancellation due to bad weather will be made for safety reasons to protect runners, marshals and all those involved in the organisation of the race. Updates will be made via our Wymondham AC race Facebook page leading up to the race and on the morning of the race if required.
7. We reserve the right to alter the date of the event, to alter the course or distance and to cancel the event altogether if we deem the conditions to be unsuitable on race day.
8. Entrants must ensure they are fully prepared and fit enough to take part in the race and cover the distance of 10k in less than 90mins.
9. Any member of Wymondham AC who wishes to take part in this race is expected to supply a competent adult replacement (who is not a WAC member) to undertake straightforward race day duties (eg working at a water station, medal distribution, baggage, etc) in his or her place. Alternatively provide sufficient support themselves leading up to the race or on race day (eg at registration).
10. All runners are required to complete the contact and medical details on the back of their race number. This is a requirement of participation and may be checked by race officials prior to the start.
11. Race numbers must be pinned securely to the front of your outer layer using a safety pin in each corner.
12. You must not cover your race number with outer clothing when running.
13. Timing chips must be attached securely using the ties provided to your running shoe. Runners must ensure that timing chips are removed at the end of the race and handed back.
14. Devices with headphones (including bone conduction headphones) or earbuds are prohibited during all road races organised by Wymondham AC. It is very important that you are able to hear clearly any verbal instructions that the marshals provide. If you are observed using such a device during this race you will be disqualified.

15. Wheeled vehicles, prams, buggies, dogs and following cycles are not permitted. You must not encourage or allow spectators to run across the finish line with you.
16. Runners are required to follow the directions of race marshals at all times.
17. Race marshals and medical team members have the authority to disqualify and remove any runner they consider to be acting dangerously or believe may be at risk of medical problems during the race.
18. Runners are required to report any casualties immediately to the nearest first aid post or race marshal.
19. Overall race prizes will be awarded to the first three males and female runners.
20. Cash prizes will be awarded to the first, second and third place in the following male and female age categories: Junior, 18-39, 40-44, 45-49, 50-54, 55-59, 60-64; 65-69, 70+
21. The first three prizes will be decided by finishing positions, not by chip times. Age category prizes will be decided by chip times. Only one prize per runner
22. Team prizes will be awarded to the first male team and the first female team: three to count in each team. Team prizes will be decided by aggregated finishing positions.
23. All belongings left in the baggage area are stored at the owner's risk.