

## Ed Burton route

- 1 The start is the Wymondham Abbey level crossing.
- 2 You run straight all the way along Cavick Road / Dykebeck and over the cross roads at Low Road / Whitehouse Road.
- 3 **Turn right** at Wood Lane, signposted to Hackford.
- 4 The route keeps straight on at Wicklewood Autocentre.
- 5 **Turn left** into Top Road. You have run just over 2 miles by now.
- 6 Go straight on at High Oak Lane junction, just before Follyfoot Farm on the right. Route keeps straight on, past Milestone Lane on right, and past Park Lane on right.
- 7 **Turn left** at the High Oak Road crossroads. You are now heading back towards Wymondham and will soon see the Abbey tower. Route goes straight over cross roads junction with Bucks Lane and High Oak Lane, and straight over Low Road cross roads.
- 8 **Turn right** into Lady's Lane.
- 9 The finish is at the end of Lady's Lane at the bollards. It is a measured 5 miles.